The Seminole County Resource Directory lists local, state and national resources as they relate to the specific needs of families.

*Feel free to copy and distribute this publication as needed.*

Additional bound copies may be obtained through The Child Abuse Prevention Task Force, also known as CAPTF. Additional electronic copies can be downloaded at [www.seminolechildren.org](http://www.seminolechildren.org) or [www.seminolepreventioncoalition.org](http://www.seminolepreventioncoalition.org)

If you would like to place an ad in the directory or have any questions, please email [SeminoleCountyCAPTF@gmail.com](mailto:SeminoleCountyCAPTF@gmail.com)

**TO REPORT CHILD ABUSE OR ELDER ABUSE**

1-800-96ABUSE

(1-800-962-2873)

For Emergencies, Dial 911

For More Resources and/or 24-Hour Counseling, Dial 211

This directory is intended to provide a comprehensive listing of programs and services available to Seminole County families. Our goal is to enable families to have the knowledge and tools necessary to receive the services that meet their individual needs. Some of the information contained within the directory may not be supported in full by the individual member agencies. Although CAPTF has made every effort to verify the information contained within this directory, they are neither responsible for inaccuracies, acts nor consequences resulting from errors or omission.
As part of Families and Communities Together in Seminole (FACTS), families, youth, county and state government, community agencies, service providers, schools and other passionate individuals work together to improve the well-being of Seminole County’s children, youth and their families, with emphasis on those experiencing emotional and behavioral challenges.

Together, we strive to ensure that Seminole County is a community where services are individualized, easy to access and culturally respectful; community members understand that mental health challenges are common and treatable; and there is less stigma, so children, youth and their families feel comfortable seeking help.

FACTS is a SAMHSA grant-funded initiative of Community Based Care of Central Florida and is governed by The Children’s Cabinet of Seminole County.  www.seminolechildren.org

**We Support These System of Care Values**

**Family Driven:** The family has the information and support it needs to not only participate, but drive goal-setting and decision-making concerning their child’s health and well-being.

**Youth Guided:** Youth are educated and have the information they need to understand their options and to have a voice and a choice in the services and supports that are provided to them. Their expertise earned through life experiences is seen as a strength, not something they are blamed for. This requires a shift from making decisions for them to respecting and supporting them in discovering solutions for themselves.

**Individualized and Community Based:** Each child or youth should have an individualized care plan developed by the family team, with leadership from the child’s parents or legally responsible adult and the child or youth. Community-based services are enhanced by building partnerships with services and resources in the community.

**Culturally Respectful:** Services are provided in a manner and language that ensure that all children, youth and their families feel welcomed, respected and valued. Information is communicated in a way that allows people from all cultures to understand their options and make informed decisions. Culture is not just defined by race, rather by many factors including but not limited to sexual identity, socio economic status, faith and where one lives.

**Trauma Informed:** Services are delivered in a way that recognizes the impact of trauma on a person’s well-being and the interrelation between trauma and symptoms of trauma such as substance use, eating disorders, depression and anxiety. Trauma-informed services are based on an understanding of how trauma affects the life of a person seeking help so that programs are supportive and avoid triggers and re-traumatization.
CITY CONTACT INFORMATION

ALTAMONTE SPRINGS
225 Newburyport Avenue, 32701
(407) 571-8121
www.altamonte.org

CASSELBERRY
200 Triplet Lake Drive
(407) 262-7700
www.casselberry.org

LAKE MARY
100 North Country Club Road, 32795
(407) 585-1400
www.lakemaryfl.com

OVIEDO
400 Alexandria Boulevard, 32765
(407) 971-5555
www.cityofoviedo.net

SANFORD
300 North Park Avenue, 32771
(407) 688-5000
www.sanfordfl.gov

WINTER SPRINGS
1126 East SR 434, 32708
(407) 327-1800
www.winterspringsfl.org

LONGWOOD
175 West Warren Avenue, 32765
(407) 260-3440
www.longwoodfl.org

SEMINOLE COUNTY PUBLIC LIBRARY

Branch Information
All library branches are open Monday through Thursday 9:00am to 8:00pm,
Saturday 9:00am to 5:00pm, and Sunday 1:00pm to 5:00pm. The library is closed on Friday.

Northwest Branch Library
580 Greenway Boulevard
Lake Mary, Florida 32746
407-665-1640

West Branch Library
245 N. Hunt Club Boulevard
Longwood, Florida 32779
407-665-1670

North Branch Library
150 N. Palmetto Avenue
Sanford, Florida 32771
407-665-1620

East Branch Library
310 Division Street
Oviedo, Florida 32765
407-665-1560

Jean Rhein
Central Branch Library
215 N. Oxford Road
Casselberry, Florida 32707
407-665-1500
SEMINOLE COUNTY SHERIFF’S OFFICE

SEMINOLE NEIGHBORHOOD POLICING

Major Stephanie Ryan, Seminole Neighborhood Policing
Tiffany Davis, Executive Assistant
tdavis2@seminolesheriff.org 407-665-6673

Sheriff’s Office Administration is located in the Sheriff’s Office Main Administrative Building
100 Bush Boulevard
Sanford, FL 32773
(1/2 mile south of Lake Mary Boulevard on U.S. Hwy 17/92)
407-665-6635

West Division – Heathrow, Sanford, Lake Mary, Longwood, Midway, Altamonte Springs
Captain Dan Purcell, dpurcell@seminolesheriff.org (West Division Captain)

West Division/Altamonte Springs South West Community Office
• Lieutenant Carey Love, clove@seminolesheriff.org (Altamonte Springs Community)
  120 West Pineview Street
  Altamonte Springs, FL 32714
• 407-665-1410 Fax 407-665-1415

West Division Lake Mary – Sanford North West Community Office
• Lieutenant Jim Smithey, jsmithey@seminolesheriff.org (Sanford Community)
• Lieutenant Barry Smith, bsmith@seminolesheriff.org (Lake Mary/Longwood Community)
  805 Primera Boulevard
  Lake Mary, FL 32746
  407-665-1450 Fax 407-665-1474

East Division – Casselberry, Chuluota, Fern Park, Geneva, Maitland, Oviedo, Winter Springs, Winter Park
• Captain Karen Mills, kmills@seminolesheriff.org (East Division Captain)
• Lieutenant Chad McDaniel cmcdaniel@seminolesheriff.org (Casselberry/Winter Springs Community)
• Lieutenant Dwayne Kvalheim dkvalheim@seminolesheriff.org (Oviedo/Geneva Community)
  1225 East Broadway
  Oviedo, FL 32765
  407-665-1750 Fax 407-665-1785

John E. Polk Correctional Facility
• Administrative Offices
  211 Bush Boulevard
  Sanford, FL 32773
  407-665-1200

Juvenile Detention
• Assessment Center 407-665-2400
• Callers from Orlando 407-830-8919 Ext 5344
  • Detention Center 407-330-6750
HOSPITALS

Florida Hospital Altamonte
601 East Altamonte Drive, Altamonte Springs, FL 32701
Main ................................................................................................................................................. 407-303-2200
Emergency Department ................................................................................................................... 407-303-2230
Medical Records .............................................................................................................................. 407-303-1133
Administration Executive Offices .................................................................................................... 407-303-2243

Central Florida Regional Hospital
1401 West Seminole Boulevard, Sanford, FL 32771
Main ................................................................................................................................................. 407-321-4500
Emergency Department ................................................................................................... 407-321-4500 ext. 5749
Medical Records .............................................................................................................................. 407-302-7379
Administration Executive Office ..................................................................................................... 407-302-7392

South Seminole Hospital
555 West State Road 434, Longwood, FL 32750
Main ................................................................................................................................................. 407-767-1200
Emergency Department ................................................................................................................... 321-842-5650
Medical Records .............................................................................................................................. 407-767-5840
Administration Executive Office ..................................................................................................... 407-767-5800

HOTLINES

EMERGENCIES...............................................................................................................................................911
Child Abuse ................................................................................................................................. 1-800-96-ABUSE (1-800-962-2873)
Crime Line ...........................................................................................................................................1-800-423-8477
Crisis .........................................................................................................................................................211 / text zip code to 898-211
Domestic Violence (Safe House).............................................................................................................. 407-330-3933
Rape (SAVS) ........................................................................................................................................ Seminole: 407-321-7273
Suicide Prevention Lifeline (national) ...................................................................................... 1-800-273-TALK (8255)

Individual Hotlines:
800-Runaway ........................................................................................................................................ 1-800-786-2929
Providing crisis intervention and referral service to shelters, counseling, etc…
A Safe Haven for Newborns .............................................................................................................. 1-877-767-2229
AIDS Hotline, CDC, National Hotline Spanish ...................................................................................... 1-800-545-7432
AIDS Hotline, CDC, National Hotline, Créole .................................................................................. 1-800-243-7101
AIDS Hotlines, Florida ......................................................................................................................... 1-800-352-2437
Alcoholics Anonymous Hotline ......................................................................................................... 407-260-5408
America's Crisis Pregnancy Help Line ................................................................................................. 1-800-672-2296
Boys Town National Hotline .............................................................................................................. 1-800-448-3000
CDC, National Information Hotline ..................................................................................................... 1-800-232-4636
Child Find of America (Child Abduction) ............................................................................................ 1-800-292-9688
and Parent Hotline .............................................................................................................................. 1-800-716-3568
Child Support Enforcement .............................................................................................................. 1-800-622-5437
Child Welfare Information Gate Way .................................................................................................... 1-800-FYI-3366
Child Help National Child Abuse Hotline .......................................................................................... 1-800-422-4453 / 800-4-A-CHILD
Covenant House ................................................................. 407-482-0404
Covenant House Nine Line ..................................................... 1-800-569-1119
Crime Line ................................................................ 1-800-423-8477
Crisis/Suicide Hotline ......................................................... 407-425-2624
Equal Employment Opportunity Commission ................. 1-800-999-9999
Family Health Line of Florida ............................................ 1-800-451-2229

Information/referrals/counseling: prenatal, infants, children & family planning.

Federal Substance Abuse & Mental Health Services .......... 1-800-729-6686 / 1-877-767-8432 SPANISH
Florida Abuse Hotline ....................................................... 1-800-962-2873
Florida Statewide Domestic Violence Hotline .................. 1-800-500-1119
Florida "Quit for Life" Line-Smoking Cessation ................. 1-877-822-6669
Guardian Ad Litem ............................................................ 407-665-5379

Court-appointed child advocates for abandoned, abused & neglected children.

Harbor House Domestic Violence Hotline ......................... 1-800-500-1119
Independent Adoption Center ........................................... 1-800-877-6736
Job Corps ........................................................................ 1-800-733-JOBS
MADD (Mothers Against Drunk Driving) ......................... 1-800-877-6736
Narcotics-Anonymous ...................................................... 407-425-5157
National Adoption Center Help line ................................. 1-800-862-3678
National Domestic Violence/Child Abuse/Sexual Abuse .... 1-800-799-7233 / 800-799-SAFE
National Domestic Violence/Child Abuse/Sexual Abuse (Hearing Impaired) ............................................. 1-800-442-HOPE

Provides counseling and referrals to local drug treatment centers, shelters, and counseling services. Responds to youth dealing with pregnancy, molestation, suicide, and child abuse. Operates 24 hours, seven days a week.

National Hotline for Missing and Exploited Children ............ 1-800-843-5678
National Office of Post Abortion Reconciliation and Healing (Project Rachel) .................. 1-800-5WE-CARE
National Runaway Switchboard .......................................... 1-800-733-JOBS
National Sexual Assault Hotline ........................................ 1-800-656-4673 / 1-800-656-HOPE
National Suicide Prevention/Veterans Crisis Line ............. 1-800-784-2433
Parent Help / Florida Department of Health ..................... 1-800-962-2873
Poison Control Center ...................................................... 1-800-222-1222
Pregnancy Decision Line .................................................. 1-800-395-4357
SAFE Alternatives Information and Referral Line ............. 1-800-366-8288

Temporary shelter for victims of domestic violence, crisis counseling safety planning, support groups, court.

Safe House of Seminole - 24 hour hot line .......................... 407-330-3933

24-hour per day, 7 days per week anonymous tip line that encourages students, parents or community members to call with information concerning issues of school safety or security. Official hotline of Seminole County Public Schools. Callers do not receive reward. Reporting at www.speakouthotline.org

Suicide Prevention Lifeline (national) ............................... 1-800-273-TALK (8255)
Thursday's Child National Youth Advocacy Hotline ........... 1-800-872-5437 / 1-800-USA-KIDS
Trevor Help Line: To Aid in Suicide Prevention in Gay and Questioning Youth ................... 1-866-488-7386

Woman Care Centers ......................................................... 1-877-908-2341
FIRE STATIONS

Altamonte Springs Fire Station #11 .......................................................................................................................... 407-665-5175
Altamonte Springs Fire Station #12 .......................................................................................................................... 407-665-5175
Altamonte Springs Fire Station #14 .......................................................................................................................... 407-665-5175
Apopka Fire Station #13 ......................................................................................................................................... 407-665-5175
Casselberry Fire Station #21 ................................................................................................................................. 407-262-7735
Casselberry Fire Station #22 ................................................................................................................................. 407-665-5175
Casselberry Fire Station #23 ................................................................................................................................. 407-665-5175
Casselberry Fire Station #25 ................................................................................................................................. 407-262-7735
Chuluota Fire Station #43 ...................................................................................................................................... 407-665-5175
Geneva Fire Station #42 ......................................................................................................................................... 407-665-5175
Lake Mary Fire Station #33 ................................................................................................................................. 407-585-1433
Lake Mary Fire Station #36 .................................................................................................................................. 407-665-5175
Lake Mary Fire Station #37 .................................................................................................................................. 407-585-1470
Longwood Fire Station #15 ................................................................................................................................... 407-260-3458
Longwood Fire Station #16 ................................................................................................................................... 407-665-5175
Longwood Fire Station #17 ................................................................................................................................... 407-260-3458
Oviedo Fire Station #44 .......................................................................................................................................... 407-971-5625
Oviedo Fire Station #46 .......................................................................................................................................... 407-971-4951
Oviedo Fire Station #48 .......................................................................................................................................... 407-971-4961
Sanford Fire Station #31 ....................................................................................................................................... 407-688-5000 x5311
Sanford Fire Station #32 ....................................................................................................................................... 407-688-5000 x5315
Sanford Fire Station #34 ....................................................................................................................................... 407-665-5175
Sanford Fire Station #35 ....................................................................................................................................... 407-665-5175
Sanford Fire Station #38 ....................................................................................................................................... 407-688-5000 x5318
Sanford Fire Station #41 ....................................................................................................................................... 407-665-5175
Sanford Fire Station #51 ....................................................................................................................................... 407-585-4160
Winter Springs Fire Station #24 ............................................................................................................................. 407-665-1912
Winter Springs Fire Station #26 ............................................................................................................................. 407-665-1933
Winter Springs Fire Station #27 ............................................................................................................................. 407-665-5175
Winter Springs Fire Station #28 ............................................................................................................................. 407-665-1938
Fire Station #65 .................................................................................................................................................. 407-665-5175

FLORIDA DEPARTMENT OF HEALTH IN SEMINOLE COUNTY

Main Number .......................................................................................................................................................... 407-665-3000
Birth & Death Certificates ....................................................................................................................................... 407-665-3226
Breast & Cervical Cancer Program ....................................................................................................................... 407-665-3185
Clinical Services (EPSDT, Well Child Exams, School Physicals, Newborn Exams, Acute Care/Sick Child Visits) .... 407-665-3700
Dental Health ........................................................................................................................................................ 407-665-3346
Environmental Health ........................................................................................................................................... 407-665-3604
Epidemiology ........................................................................................................................................................ 407-665-3266
Family Planning ..................................................................................................................................................... 407-665-3000
Healthy Start .......................................................................................................................................................... 407-665-3278
Hepatitis ............................................................................................................................................................... 407-665-3019
HIV/AIDS ............................................................................................................................................................. 407-665-3291
Immunizations ....................................................................................................................................................... 407-665-3281
Prenatal Clinic ....................................................................................................................................................... 407-665-3700
School Health ........................................................................................................................................................ 407-665-3430
STD & Specialty Care ........................................................................................................................................... 407-665-3276
Teen Clinic ............................................................................................................................................................. 407-665-3276
Tobacco Prevention ............................................................................................................................................... 407-665-3184
Tuberculosis (TB) ............................................................................................................................................... 407-665-3243
WIC ..................................................................................................................................................................... 407-665-3705
Contents

Abuse: 2-4
Bikers Against Child Abuse ......................................................... 2
Boys Town Central Florida ............................................................... 2
Circle of Friends Services, Inc. .................................................. 2
IMPOWER .............................................................................. 2
Kids House of Seminole Inc. Wayne Densch Family Center 3
Kinder Konsulting & Parents Too ............................................. 3
Office of the Attorney General, Bureau of Victim Services ........................................................................... 3
RPJ & Company Inc .................................................................. 3
Safe House of Seminole ............................................................. 3
Seminole County Friends of Abused Children Inc ............... 3
Seminole County Sheriff’s Office Child Protective Services . 4
Sexual Assault Victim Services (SAVS) Division ................. 4
Yellow Umbrella Child Abuse Prevention Center................. 4

Addictions: 4-5
FL Dept of Health in Seminole County Tobacco Program ..... 4
Recovery House of Central Florida .......................................... 4
Serenity Now Counseling Center ............................................. 5
The Grove Counseling Center Inc ........................................... 5

Adoptions: 5-6
A Center for Women ................................................................ 5
Bethany Christian Services ...................................................... 5
Circle of Friends Services, Inc. ............................................... 5
Community Based Care of Central Florida Inc ................... 6
Forever Families Adoption Services ....................................... 6
Kinder Konsulting & Parents Too .......................................... 6
Life for Kids ........................................................................... 6

Anger Management: 6-8
Anthropos Florida Group Inc .................................................... 6
Breaking the Cycle Consulting, Inc. ......................................... 7
Central Florida Dream Center (Also: Men, Women and Youth in Action) ......................................................... 7
Menscher & Associates Counseling Group ......................... 7
New Life Connections Inc ........................................................ 7
South Seminole Hospital .......................................................... 8
The Grove Counseling Center, Inc ......................................... 8
Yellow Umbrella Child Abuse Prevention Center ............... 8

Basic Needs: 8-10
211 ....................................................................................... 8
Altamonte Springs Police Dept. Car Seat Fitting Station ...... 8
Catholic Charities of Central Florida .................................... 8
Christian HELP Foundation Inc ............................................ 9
Community Based Care of Central Florida Inc ................. 9
Harvest Time International ..................................................... 9
Haven of Hope Ministries ....................................................... 9
Hope Foundation for the Homeless Inc. .............................. 9
Mustard Seed of Central Florida ........................................... 10
Rescue Outreach Mission of Sanford .................................... 10
The Center for Counseling & Consulting ......................... 10
The Sharing Center ............................................................... 10

Child Care: 10-11
Child Care City ....................................................................... 10
Early Learning Coalition of Seminole County ..................... 10
Seminole County PAL ............................................................. 11
Seminole County Public Schools Voluntary Pre-K Program .... 11
UCP of Central Florida .......................................................... 11

Community Organizations/Civic Groups
Youth Services Programs/Youth Recreation: 11-16
American Red Cross ............................................................... 11
Big Brothers Big Sisters of Central Florida ......................... 12
Boys Town Central Florida .................................................... 12
Charity & Love Inc. ............................................................... 12
Child Rescue Network .......................................................... 12
City of Altamonte Springs – Special Community Services ... 13
City of Casselberry – Recreation Division ............................ 13
Dress for Success Greater Orlando ....................................... 13
Girl Scouts of Citrus Council ............................................... 13
Hands on Orlando ............................................................... 13
Healthy Start Coalition of Seminole County, Inc. ............... 14
Mothers Against Drunk Driving (MADD) ......................... 14
New Directions Community Outreach Inc. ....................... 14
Oviedo Citizens in Action ..................................................... 14
Seminole County Sheriff’s Office Operation Right Track .... 14
Simple Living Institute Inc. ................................................... 15
Speak Out .............................................................................. 15
Special Olympics Seminole County ................................... 15
Seminole Prevention Coalition ............................................. 15
The Grove Counseling Center Inc ....................................... 15
YMCA ................................................................................... 16
Youth MOVE Seminole/Youth MOVE Kids ....................... 16

Developmental Disabilities: 16-19
Adapt Behavioral Services ....................................................... 16
Agency for Persons with Disabilities .................................... 16
Behavioral Support Services Inc ........................................... 16
City of Altamonte Springs – Special Community Services ... 17
Department of Health, Children’s Medical Services ........... 17
Devereux ............................................................................. 17
Down Syndrome Association of Central Florida ............... 17
FDLRS Action ..................................................................... 17
Florida Autism Center .......................................................... 17
Freedom Ride ....................................................................... 18
Kinder Konsulting & Parents Too ....................................... 18
Seminole County Public Schools Exceptional Students Support Services ....................................................... 18
Special Olympics Seminole County ................................... 18
The Center for Counseling & Consulting ......................... 18
The University of Central Florida’s Center for Autism & Related Disabilities (UCF CARD) ........................................... 18
UCP of Central Florida .......................................................... 19

Domestic Violence: 19-20
Choices-Changes Counseling Center .................................. 19
Circle of Friends Services, Inc .............................................. 19
New Life Connections Inc. .............................................................. 19
Office of the Attorney General, Bureau of Victim Services ... 19
Office of the State Attorney, 18th Judicial Circuit.Victim Services Division .............................................. 20
Safe House of Seminole ............................................................ 20

**Education/Tutoring: 20-23**

Adult Literacy League Inc. ............................................................. 20
Boys Town Common Sense ............................................................ 20
Central Florida Dream Center (Also: Men, Women and Youth in Action) ...................................................... 20
Child Rescue Network ................................................................. 20
Community & Family Communications ................................. 21
Creadle School of Art .................................................................. 21
FDLRS Action .............................................................................. 21
Foundation for Foster Children .................................................. 21
Friends of Children and Families Inc. ....................................... 21
Hannibal Square Heritage Center .............................................. 21
PACE Center for Girls ................................................................. 22
Seminole County Public Schools .................................................. 22
Seminole Cty Public Schools Exceptional Student Support ... 22
Seminole County Public Schools Voluntary Pre-K Program . 22
Seminole County Public Schools-Families in Transition ....... 22
Seminole County Sheriff’s Office ................................................. 23
University of Central Florida Toni Jennings Exceptional Education Institute ...................................................... 23

**Elder Adult Services: 23**

Charity & Love Inc. ..................................................................... 23
City of Casselberry – Recreation Division .................................. 23
Hospice of the Comforter ............................................................ 23

**Emergency Financial Services: 24**

211 .............................................................................................. 24
Catholic Charities of Central Florida ......................................... 24
Department of Children and Families – ACCESS Program . 24
Hemophilia Foundation of Greater Florida ................................ 24
Jewish Family Services of Greater Orlando ......................... 24
Seminole County Government – Community Services ......... 24

**Employment Assistance & Training: 25**

Goodwill Industries of Central Florida Inc. .............................. 25
LDS Employment Resources Services...................................... 25
Work Force – One Stop Career Center .................................... 25

**Financial Counseling: 25**

CredAbility/Consumer Credit Counseling Service of Central Florida and The Florida Gulf Coast .............................................................. 25

**Foster Care: 26**

Circle of Friends Services, Inc. .................................................... 26
Community Based Care of Central Florida Inc. ......................... 26

**Health and Medical: 26-30**

A Center for Women .................................................................. 26
BETA Center Inc. ......................................................................... 26
Central Florida Family Health Center ...................................... 27
Department of Health, Children’s Medical Services ............... 27
Florida Department of Health in Seminole County .................. 27
Dental Health Program ............................................................... 27
HIV/AIDS ................................................................................... 27
Immunizations/Vaccines Program .......................................... 27
Prenatal Clinic ........................................................................... 28
STD Prevention and Control Program ..................................... 28
Tuberculosis Control Program .................................................. 28
WIC & Nutrition Program ......................................................... 28
Florida Poison Information Center-Tampa ......................... 29
Hispanic Health Initiatives Inc. .................................................... 29
Hospice of the Comforter ........................................................... 29
Kinder Konsulting & Parents Too ............................................ 29
New Hope For Kids, Inc. ............................................................. 29
PFLAG .......................................................................................... 29
Planned Parenthood of Greater Orlando ............................... 30
Winnie Palmer Hospital Breastfeeding Education Center ....... 30

**Health Insurance: 30-31**

AMERIGROUP Community Care .............................................. 30
Citrus HealthCare ................................................................. 30
Danton & Dees Insurance Group ............................................. 30
KIDCARE .................................................................................. 30
Molina Health Care of Florida ................................................... 31

**Housing: 31-33**

CredAbility/Consumer Credit Counseling Service of Central Florida and The Florida Gulf Coast ......................... 31
GoldenRule Housing & Community Development Corp. .... 31
Habitat for Humanity in Seminole County ................................ 31
Heart to Heart ........................................................................... 32
Homeless Services Network of Central Florida ..................... 32
IMPOWER ................................................................................. 32
Rescue Outreach Mission .......................................................... 32
Seminole County Government - Community Services ......... 32
The Center for Affordable Housing ........................................... 32
Women’s Residence and Counseling Center ......................... 33

**Legal & Judicial: 33-34**

Accent on Paralegal & Non-lawyer Services .......................... 35
Anchor Mediation/Dispute Resolution LL ................................ 33
Community Legal Services of Mid-Florida ......................... 33
Department of Juvenile Justice Assessment Center ................ 34
Department of Juvenile Justice Administrative Contacts ....... 34
Office of the State Attorney, 18th Judicial Circuit ................. 34
Safe House of Seminole Court Advocacy ............................... 34
Seminole County Bar Association Legal Aid Society, Inc ....... 34
Seminole County Guardian ad Litem ......................................... 34

**Mental Health: 35-44**

Above and Beyond: Children & Community Services ......... 35
Adapt Behavioral Services ......................................................... 35
A New Perspective Counseling Center .................................. 35
Anthropos Florida Group Inc. .................................................... 35
Aspire Health Partners (Lakeside – Orange County) .............. 35
Aspire Health Partners (Seminole Behavioral Health) ............ 36
Attachment Services of Central Florida, Inc. ......................... 36
Behavioral Support Services, Inc. ............................................. 36
Boys Town Behavioral Health Services ................................... 36
Central Florida Behavioral Hospital ........................................ 36
Abuse

Bikers Against Child Abuse 407-227-2134
P.O. Box 781394, Orlando, FL 32878-1394
www.bacaworld.org
Bikers Against Child Abuse (B.A.C.A.) exists with the intent to create a safer environment for abused children. We are a body of bikers who empower children to not feel afraid of the world in which they live.

Boys Town Central Florida 407-588-2170
Main Office/Residential Services/In-Home Family Services/Common Sense Parenting/ Behavioral Health Clinic
975 Oklahoma St., Oviedo, FL 32765
Intervention & Assessment 407-588-2160
1350 Healing Place, Oviedo, FL 32765
www.boystown.org/central-florida; www.parenting.org
The Boys Town Integrated Continuum of Care® is a unique set of service levels, each designed to meet the specific, individual needs of youth and their families. The skills we teach at every level of our Integrated Continuum help young people learn valuable lessons that last a lifetime. Our research proven programs include Boys Town Intervention and Assessment Services, a short-term shelter for at-risk youth; Boys Town Family Home Program, a long-term residential program; Boys Town In-Home Family Services, works with at-risk families in their homes, and includes CINS/FINS (Children in Need of Services/Families in Need of Services); Boys Town Outpatient Behavioral Health Clinic and Common Sense Parenting Classes. Boys Town Common Sense Parenting is a 6-week, evidence-based class, approved for case plans, and held in several locations around Seminole County. There are classes for toddlers and preschoolers, and school aged children; also classes taught in Spanish available.

Circle of Friends Services, Inc. 386-473-4566
517 Deltona Blvd., Suite A, Deltona, FL 32725
Fax: 386-753-9265
www.cofsfl.org
We are a trauma-based, private not-for-profit agency serving the mental health needs of children (0-18 years) and families in Central Florida. Our therapists are all licensed or license-eligible master’s level clinicians. We specialize in the treatment of families and children who have experienced physical or sexual abuse, domestic violence or severe neglect. We provide services in Volusia, Flagler, Putnam, Seminole, Orange, Osceola and Brevard counties.

IMPOWER 407-331-8002 / 407-478-4034
Orange/Seminole County: 587 E SR 434, Suite 1021, Longwood, FL 32750
The Village Transitional Housing Program/Independent Living: 3800 Dike Road, Winter Park, FL 32792
www.impowerfl.org
Independent living services through case management to youth 13-17 to support their transition into adulthood; life skills training including educational planning and support, career development, social skills development, health care and parenting skills training, Outpatient services, psychiatric clinic/medicine management and foster care.
Kids House of Seminole, Inc. at the Wayne Densch Family Trauma Center 407-324-3036
5467 N. Ronald Reagan Blvd., Sanford, FL 32773 Fax: 407-324-3045
www.kidshouse.org
The mission of the Kids House Wayne Densch Children’s Advocacy Center is to prevent child abuse and to aid child abuse victims and families by providing coordinated services in a safe, child-friendly environment from report and investigation through treatment and resolution. To accomplish this mission, Kids House provides a child-friendly facility for information gathering and treatment for victims of abuse. Clients receive services through our Child Advocate Program, the Child Protection Team, the Medical Trauma Program and mental health programs.

Kinder Konsulting & Parents Too 407-657-6692
2479 Aloma Ave., Unit D, Winter Park, FL 32792 Fax: 407-894-6010
To make a referral: www.kinderkonsulting.com
Our mission is to advance and promote the emotional, behavioral and developmental wellbeing of special needs children and their families. At Kinder Konsulting you will find a skilled team of caring clinicians dedicated to helping infants and children as well as their families.

Office of the Attorney General, Bureau of Victim Services 1-386-238-4990
www.myfloridalegal.com 1-800-226-6667
Provides referrals and assistance with victim compensation, relocation and address confidentiality.

RPJ & Company, Inc.
www.freedom.rpjandco.com
Kathy@rpjandco.com
Book for all types of abuse: Finding Purpose after Abuse.

Safe House of Seminole 24 hr. Hotline: 407-330-3933
Safe House of Seminole Outreach Program 407-302-5220
P.O. Box 471279, Lake Monroe, FL 32747
Safe House offers temporary safe haven for victims of domestic violence and their children, crisis counseling, safety planning, support groups, court program, relocation assistance, transitional housing, outreach services and youth violence prevention program.

Seminole County Friends of Abused Children, Inc. 407-262-2141
P.O. Box 161351, Altamonte Springs, FL 32716
www.friendsofabusedchildren.org
“Friends” supports the needs of abused and neglected children in Seminole County by providing clothing, shoes, luggage, hygiene items, tutoring, summer camp, eyeglasses, therapy/counseling and some medical needs. We also help teens transitioning to the independent living program with life skills, money management classes and necessary household items. We work closely with several other community partners to fulfill any unmet needs that may arise if possible.
Seminole County is one of seven sheriff’s offices statewide, which contract with the Department of Children and Families to investigate child abuse and neglect within their respective counties. Since 2000, the Seminole County Sheriff’s Office continues to redefine the way child abuse investigations are performed. Reports are received at the Florida Abuse Hotline in Tallahassee (1-800-96-ABUSE) and then transferred to Seminole County for investigation.

Sexual Assault Victim Services (SAVS) 407-665-6112
www.savsinc.com
SAVS is Seminole County’s certified rape crisis program providing advocacy and support to survivors of rape and their loved ones. SAVS provides 24-hour advocacy and accompaniment, information and referral assistance, guidance through the criminal justice system, victim support groups, crime compensation assistance, sexual violence relocation assistance, rape prevention awareness and community education programs. Services are also available to non-reporting victims. All services are free.

Yellow Umbrella Child Abuse Prevention Center 321-723-2927/Fax: 321-723-2928
4087 South Highway US 1, Suite 1, Rockledge, FL 32955
4680 Lipscomb St., Suite 10H, Palm Bay, FL 32905
www.yellowumbrella.org
In-home parent aide, intensive in-home services to families who may be at risk for child abuse or neglect. A 12-18 month program with case management utilized by 104 CAP centers throughout the United States. Outcomes are effective, measurable and positive.

Addictions

Florida Dept. of Health in Seminole County Tobacco Program 407-665-3184
400 West Airport Blvd., Sanford, FL 32773
www.seminolecohealth.com/services/tobacco-prevention
Provides a comprehensive approach to prevent and reduce tobacco use and prevent exposure to secondhand smoke. Services include education, training and cessation counseling. Oversees a countywide Students Working Against Tobacco (SWAT) Program.

Recovery House of Central Florida 407-323-5857
1303 West 13th St., Sanford, FL 32771
218 South Oak Ave., Sanford, FL 32771
www.rhof.org
Transitional housing and support services for adult males with substance abuse issues.
Serenity Now Counseling Center
1061 Maitland Center Commons Blvd., Suite 206, Maitland, FL 32751
www.serenitynowcounseling.com
Eleven years of experience with adolescents and their families with both mental health and substance abuse issues. Relationship issues include marital discord, families in the midst of divorce and post-divorce family counseling. Experience with issues of depression, anxiety, grief and lost-life transitions. Addictions of all kinds.

The Grove Counseling Center, Inc.
Office and Outpatient Clinic
111 West Magnolia Ave., Longwood, FL 32750
The Grove Academy (Adolescent residential program)
580 Old Sanford/Oviedo Road, Winter Springs, FL 32708
www.thegrove.org
The Grove offers a wide variety of programs for the treatment of substance use and behavioral health disorders, with convenient locations in Longwood, Sanford, Downtown Orlando, and Winter Park. We offer outpatient services for teens and adults, as well as voluntary partial hospitalization and residential/inpatient programs for adolescents. High-quality affordable treatment; Medicaid accepted, sliding fee scale for those without insurance, many insurances accepted. The Grove also offers an after-school program and summer camp for elementary-aged children.

A Center for Women
315 N. Wymore Road, Winter Park, FL 32789
ACenterForWomen@gmail.com www.PregnancyOrlando.com
A Center for Women offers free pregnancy testing with official proof of pregnancy suitable for Medicaid or insurance. Free viability ultrasounds upon qualification; educational counseling about pregnancy, abortion, fetal development, STDs and their effects, and adoption; assistance finding shelter, maternity clothing, baby clothing and supplies.

Bethany Christian Services
29 West Smith St., Winter Garden, FL 34787
www.bethany.org
Bethany Christian Services is the nation’s oldest and largest adoption and orphan care agency with over 65 years of compassionate service to children and families locally and around the world. Visit website to learn more about our local services.

Circle of Friends Services, Inc.
517 Deltona Blvd., Suite A, Deltona, FL 32725
300 N. Ronald Reagan Blvd., Suite 202, Longwood, FL 32750
www.cofsfl.org
We are a trauma-based, private not-for-profit agency serving the mental health needs of children (0-18 years) and families in Central Florida. Our therapists are all licensed or license-eligible master’s level clinicians. We specialize in the treatment of families and children who have experienced physical or sexual abuse, domestic violence or severe neglect. We provide services in Volusia, Flagler, Putnam, Seminole, Orange, Osceola and Brevard counties.
Community Based Care of Central Florida, Inc.  
Administrative & Support Center: 4001 Pelee St., Suite 200, Orlando, FL 32817  
Service Center: 2921 South Orlando Drive, Suite 150, Sanford, FL 32773  
FACTS/Wraparound Seminole: 117 East Lake Mary Blvd., Sanford, FL 32773  
www.cbccfl.org

CBC of Central Florida is a non-profit agency charged with developing community-based services and supports for children and families served by the child welfare system in Seminole County. For information on becoming a foster parent or about adoption, please call 1-866-90-CHILD.

Forever Families Adoption Services  
1035 S. Semoran Ave. Suite 1047, Winter Park FL  32792  
www.Foreverfamilieshomestudies.com

Most services are home-based
Forever Families provides domestic and international home studies and post-placement reports for people adopting privately. We also provide pre-and post-adoption education and counseling for adoptive families who have adopted either through foster care or privately. We are also forming support groups for adoptive families and grandparents raising grandchildren. We now provide services to expectant mothers (and fathers) wishing to place their baby, as well as parents who are having parental rights terminated by DCF and choose to do a private adoption.

Kinder Konsulting & Parents Too  
2479 Aloma Ave., Unit D, Winter Park, FL 32792  
Fax: 407-894-6010

To make a referral: www.kinderkonsulting.com

Kinder Konsulting provides legally required Home Studies in domestic or international adoptions and required Post-Placement Home Studies as well as evaluation and treatment of attachment disorders and developmental delays. The Adoptive services are offered by independent contractors.

Life for Kids  
315 North Wymore Road, Winter Park, FL 32789  
Fax: 407-629-5812

www.lifeforkids.com  
lifeforkids@yahoo.com

Life for Kids is a private, non-profit, Christian, licensed adoption agency. Their purpose is to serve women who are pregnant, their unborn babies and adoptive families. They provide decision-making counseling as well as adoption planning for women who are pregnant. Counselors are available 24/7 to talk and provide support.

Anger Management

Anthropos Florida Group Inc.  
www.anthroposflorida.com
1515 S. Orlando Ave., Suite G, Maitland, FL 32751

Anthropos Florida Group Inc. provides mental health counseling at school and at homes to address the needs of our clients and their families. We understand that students need to be socio-emotionally stable in order to achieve their academic goals. We see clients at school to address behaviors and teach them coping skills. Cognitive, emotional and behavioral treatments are integrated into our approach to work with the students as well with their families at home.
The silent suffering of parents abused by their child is a serious and often hidden issue within families. These acts harmfully impact the youth and family's ability to function together causing verbal, physical, psychological/emotional, and/or financial distress. Our current work brings healing to families suffering from parental abuse by children and equips parents, juvenile justice and child welfare agencies with research-based practices that provide results. Ultimately, our innovative approach transforms lives of those who once feared for their safety.

Central Florida Dream Center (Also: Men, Women and Youth in Action) 407-302-0880
540 Pecan Ave., Sanford, FL 32771
www.cfdreamcenter.org
melva@cfdreamcenter.org
We offer anger management classes, marriage counseling, parenting classes, circle of parents (parents helping parents), support and empowerment classes for abuse victims, after school programs, computer and typing classes, adult reading and math, a 12 step faith-based overcomes program for all forms of addictions, job career center where you can do a resume, look for jobs etc.

Menschers & Associates Counseling Group 407-529-5359
375 Douglas Ave. #2006, Altamonte Springs, FL 32714
www.macounseling.com
A 12-session cognitive behavioral therapy treatment model that employs relaxation, cognition and communication skills interventions. Certificate upon completion. Class satisfies requirement for local social service agencies and court orders.

New Life Connections, Inc. 407-322-7779
Sanford: 404 West 25th St., Sanford, FL
Oviedo: 320 North Central Ave. (434), Oviedo, FL
Deland: 122 South Amelia Ave., Suite 206, Deland, FL
www.new-life-connections.com
Anger management outpatient program for adolescents that includes family sessions. We offer anger management for adults as well as one-day workshops or weekly group sessions. For more information call.

South Seminole Hospital 407-262-2200
555 West State Road 434, Longwood, Florida 32750
www.southseminolehospital.com
With a commitment to tailored personal care, South Seminole Behavioral Health offers comprehensive services to treat patients suffering from a full range of psychiatric and addictive disorders. In addition to adult units, serving patients 18 years or older, the Adolescent/Children’s Unit specializes in behavioral point system and positive reinforcement models to treat patients between the ages of 3-17. The multidisciplinary team of specialists creates a treatment plan for each patient, working hand-in-hand with the patient’s family and primary physicians, to ensure the best possible outcomes in the quickest possible timeframes. Inpatient services are offered 24 hours a day, seven days a week, in a quiet, private setting on the campus of South Seminole Hospital, a part of Orlando Health.
The Grove Counseling Center, Inc.  407-327-1765
Office and Outpatient Clinic  Fax: 407-339-2129
111 West Magnolia Ave., Longwood, FL 32750
The Grove Academy (Adolescent residential program)
580 Old Sanford/Oviedo Road, Winter Springs, FL 32708
www.thegrove.org
The Grove offers a wide variety of programs for the treatment of substance use and behavioral health disorders, with convenient locations in Longwood, Sanford, downtown Orlando and Winter Park. We offer outpatient services for teens and adults, as well as voluntary partial hospitalization and residential/inpatient programs for adolescents. High-quality affordable treatment; Medicaid accepted, sliding fee scale for those without insurance, many insurances accepted. The Grove also offers an after-school program and summer camp for elementary-aged children.

Yellow Umbrella Child Abuse Prevention Center  321-723-2927/Fax: 321-723-2928
4680 Lipscomb St., Suite 10H, Palm Bay, FL 32905
705 Blake Av.e, Building D, Cocoa, FL 32922  321-433-3570/Fax: 321-433-3571
www.yellowumbrella.org
Youth Anger Management: It’s a Family Thing is taught by professionals who walk the youth through containment, prevention and resolution (PCR,) a process developed by Dr. Ron Potter-Efron. The goal is becoming an independent, self-sufficient, productive and non-violent adult.

Basic Needs

211  211 / 407-839-5357
This hotline, operated by Heart of Florida United Way, provides references to social service agencies in your area.

Altamonte Springs Police Department COPS center  407-571-8463
COPS Center 451 E. Altamonte Drive, Altamonte Springs, FL 32701
The Altamonte Springs Police Department conducts child safety seat inspections free of charge at the Altamonte Mall COPS Center, by appointment, Thursdays from 9 to 11 a.m. We are conveniently located at the Altamonte Mall lower level between JCPenney and Macy's. To schedule an appointment, call 407-571-8295. A child safety seat class is offered on the last Thursday of every month. This class allows parents, who meet certain qualifications, to purchase safety seats at a reduced price through the Healthy Start Organization.

1771 North Semoran Blvd., Orlando, FL 32807  Fax: 407-282-2891
www.cflcc.org
The mission of Catholic Charities of Central Florida is to provide vital social services to people in need, regardless of their religious, social or economic background, to improve lives of individuals, families and the community. CCCF continues to lead as premier provider of social services to residents of Central Florida through collaboration with area parishes to provide health care services, free medical clinics, housing for the elderly, programs for women, children and families and additional emergency services such as benefits and food stamp advising utilizing a case management system.
Christian HELP
450 Seminola Blvd., Casselberry, FL 32707
www.christianhelp.org / www.cfec.org
Client hours Tues. – Fri. 10:30 a.m. – 4:30 p.m. Christian HELP is devoted to preventing homelessness before it starts by assisting the unemployed to find jobs and providing for them materially and spiritually. We are NOT a placement service but rather a referral service. We work with employers as well as clients. Food is available if the criteria are met. By appointment only.

Community Based Care of Central Florida, Inc.
Administrative & Support Center: 4001 Pelee St., Suite 200, Orlando, FL 32817
Fax: 407-681-0560
www.cbccfl.org
CBC of Central Florida is a non-profit agency charged with developing community-based services and supports for children and families served by the child welfare system in Seminole County. For information on becoming a foster parent or about adoption, please call 1-866-90-CHILD.

Harvest Time International
225 North Kennel Road, Sanford, FL 32771
Fax: 407-328-0527
www.harvest-time.org
Harvest Time International offers a long term self-sufficiency program, where families and individuals with low income or in current financial hardship can receive assistance. We provide groceries, household items, cleaning supplies, paper products and diapers in exchange for low contributions. There is also free use of copier and fax machines, as well as personal assistance to apply for food stamps, Medicaid, cash assistance or Kid Care through ACCESS computer center. HTI is always in need of helping hands either for our local programs or our worldwide disaster relief. We have volunteer opportunities available for all ages (5 years and up) and health conditions.

Haven of Hope Ministries
1902 West Colonial Drive, Orlando, FL
www.cflhavenofhope.com
Haven of Hope Ministries is a faith based agency providing food, clothing, and support groups to individuals that are HIV/AIDS infected. Provides food bags for individuals that are documented to be living with a terminal illness and in poverty. Food Pantry hours: Mon, Wed, Thurs 9:30-3:00 p.m.

HOPE Foundation for the Homeless, Inc.
149 East Broadway, Oviedo, FL 32765
Thrift Store: Mon.-Sat. 10 a.m.-5 p.m. Sonshine@hopehelps.org
Resource Center: M, T, W, Th 9 a.m.-2 p.m. (by appointment only) Resources@hopehelps.org
Food Pantry: Tue./Thu./Sat. 11 a.m.-2 p.m. Foodpantry@hopehelps.org
HOPE assists families and individuals that are either low income or on a fixed income or are experiencing a hardship of some kind. We offer case management, food, resources, clothing, shoes, and household goods. Access center and financial assistance. Those in need must make an appointment to see a case manager and bring ID and all documentation regarding their situation to their appointment.
Mustard Seed of Central Florida  407 875-2040
12 Mustard Seed Lane, Orlando, FL  
www.MustardSeedfla.org
The mission of The Mustard Seed Furniture and Clothing bank is to help to rebuild the lives of families and individuals who have suffered disaster or personal tragedy by providing household furnishings and clothing while being environmentally friendly.

Rescue Outreach Mission of Sanford  407-321-8224
1701 West 13th St., Sanford, FL 32771
www.rescueoutreachCfl.org
Comprehensive Case management using the Family Team Conferencing Model to provide emergency shelter, food, clothing and spiritual guidance to disadvantaged, needy, homeless families with children. A newly designed state-of-the-art learning center provides residents with the tools they need to take online classes, write resumes and more.

The Center for Counseling & Consulting  407-678-6655
661 Seminole Blvd., Casselberry, FL 32707  
www.centerforcounseling.us
The Center for Counseling & Consulting was established in 1974 and provides counseling and psychotherapy for children, youth, adults, couples and families. All affiliated professionals are fully licensed and credentialed in their areas of specialization.

The Sharing Center  407-260-9155 ext. 118
The Sharing Center: 600 North Hwy 17-92, Suite 158, Longwood, FL 32750  
The Sanford Christian Sharing Center: 515 East 25th St., Sanford, FL 32772
www.thesharingcenter.org
Provide food, clothing, shelter/rent-mortgage, and prescription assistance. Walk-ins accepted. Hours of operation Monday thru Friday - 9 a.m. to 1 p.m., applications accepted until noon. Must have picture identification, Social Security cards, proof of residence, e.g. bill 30 days or newer.

Child Care City  1-866-247-4220
www.ChildCareCity.com
Child Care City is the leading resource for parents and families, providing our members the ability to search, rate and review childcare providers nationwide. We provide members with access to unbiased, up-to-date, ratings and reviews from fellow parents who have voiced their experiences with a particular childcare provider; good, bad or indifferent. Search our nationwide database to find childcare providers in your area. Create your own personal and confidential review and rating; posted on our website for fellow members to view. Read reviews and ratings posted by fellow parents on their childcare experiences with a particular childcare provider. Membership is free.
The Early Learning Coalition helps income eligible, working families pay for child care. This assistance is available through a program called School Readiness. The Coalition also oversees the Pre-K program for Seminole County. These services were previously administered by 4C on behalf of the Coalition. Contact the Coalition for information on how to choose a child care center and where to find child care that best fits your family’s needs.

Seminole County PAL
Mailing: 100 Bush Blvd., Sanford, FL 32773
Physical: 1151 East 28th St., Sanford, FL 32773
We offer a spring and summer camp for children from kindergarten - 8th grade. Camps run during Seminole County Public Schools spring and summer vacations.

Seminole County Public Schools Voluntary Pre-K program
239 Rinehart Road, Lake Mary, FL 32746
www.scps.k12.fl.us
Voluntary Pre-K is available to any child who is 4 years of age on or before September 1 of the current school year. Seminole County Public Schools offers both full and half-day programs. The half-day programs are at no charge. VPK is offered at several elementary schools in the district. For more information please contact the Pre-K office.

UCP of Central Florida
3590 North Hwy 17-92, Suite 1038, Lake Mary, FL 32746
www.ucpcfl.org
UCP of Central Florida gives children, both with and without special needs, the best possible start in life and equips them with the skills they need to reach their full potential. Designed for children ages 18 months through kindergarten, our charter school program features low staff per child ratios, small class sizes and a multi-disciplinary team approach. Children also have access to on-site physical, speech and occupational therapy; enrichment activities; and before and after school care.
Florida as well. These young people are trained to respond in emergency situations; they are trained peer facilitators in vital Red Cross programs such as Basic Aid Training, Fire Prevention, CPR/AED and First Aid. Teen Corps teams teach these programs to children in community centers, after school clubs and programs and community shelters of all types in the tri-county area. Youth are trained in various phases of disaster response and ready to respond in the event of a natural or man-made disaster. Teen Corps members also participate in leadership development activities as well as several community outreach activities throughout the year. For more information call Myra Alcock ext. 5664 or email: teencorps@midfloridaredcross.org or look online.

Big Brothers Big Sisters of Central Florida  407-478-2996
807 South Orlando Ave., Suite L, Winter Park, FL 32789  Fax: 407-478-2999
www.bbbscfl.org
We serve children ages 6-14 years old. If a child has a parent that is incarcerated, then they qualify from ages 6-18 in our MCOP program. Once matched, children in our program benefit from the power of mentoring, match events, and much more.

Boys Town Central Florida  407-558-2170
Main Office/Residential Services/In-Home Family Services/Common Sense Parenting/ Behavioral Health Clinic
975 Oklahoma St., Oviedo, FL  32765
Intervention & Assessment  407-588-2160
1350 Healing Place, Oviedo, FL 32765
www.boystown.org/central-florida; www.parenting.org
The Boys Town Integrated Continuum of Care® is a unique set of service levels, each designed to meet the specific, individual needs of youth and their families. The skills we teach at every level of our Integrated Continuum help young people learn valuable lessons that last a lifetime. Our research-proven programs include Boys Town Intervention and Assessment Services, a short-term shelter for at-risk youth; Boys Town Family Home Program, a long-term residential program; Boys Town In-Home Family Services, works with at-risk families in their homes and includes CINS/FINS (Children in Need of Services/Families in Need of Services); Boys Town Outpatient Behavioral Health Clinic and Common Sense Parenting Classes. Boys Town Common Sense Parenting is a 6-week, evidence-based class, approved for case plans, and held in several locations around Seminole County. There are classes for toddlers and preschoolers, and school-aged children; also classes taught in Spanish available.

Charity & Love, Inc.  407-482-4324
4701 South Semoran Blvd. Orlando, FL 32822  Semoran location:  407-522-4473
5372 Silverstar Road Orlando, FL 32808  Silverstar location: www.charityloveinc.com
The services provided to the community are online assistance for food stamps, community Medicaid, cash, emergency rental assistance and unemployment compensation. We also provide employment coaching, support counseling, housing/living services, and resource information for food. We have a clothing closet at the Semoran location. We assist customers who do not know how to apply and who cannot speak English. We also have Spanish and Creole speaking workers to assist in completing the process of the services.
Child Rescue Network  
1-877-209-KIDS (5437)  
Mailing Address: 926 Lake Baldwin Lane, Orlando, FL 32814  
NOTE: No services are offered at this address. 
www.ChildRescueNetwork.org  
All programs are offered via community outreach to churches, PTA’s, homeowners associations, businesses and other venues. Through safety seminars held throughout the community, Child Rescue Network educates parents on specific methods they can utilize to better protect their children from abduction and sexual victimization. CRN also provides parents with FREE photo/thumbprint safety identification cards to have of their children. These cards are offered at various events in the community and are listed on our calendar of events at our website. 

City of Altamonte Springs - Special Community Services  
407-571-8814  
225 Newburyport Ave., Altamonte Springs, FL 32701 
www.altamontesports.org / www.advisoryboardfordisabled.org

City of Casselberry - Recreation Division  
407-262-7700 ext. 1575  
200 North Triplet Lake Drive, Casselberry, FL 32707  
Fax: 407-696-0016 
www.casselberry.org 
The Casselberry Parks and Recreation Division promotes a coordinated approach to providing quality recreation, cultural activities and facilities that anticipate and respond to the growing needs of our community, while protecting and expanding our natural resources. 

Dress for Success Greater Orlando  
407-628-0506  
901 West Webster Ave. #43, Winter Park, FL 32789 
www.dressforsuccess.org/orlando  
An international organization that assists women with interview-appropriate clothing as a tool to develop self-sufficient lives. Program Director: Courtney Reynolds 

Girl Scouts of Citrus Council  
407-896-4475  
341 North Mills Ave., Orlando, FL 
www.citrus-gs.org  
Girl Scouts of Citrus Council is a forerunner in the development of self-esteem and leadership skills of girls, young women and adults. The Girl Scout program is an informal educational program, carried out in small groups with adult leadership. It provides a wide range of exciting and fun activities developed around the interests and needs of girls. Girl Scouting is open to all girls, ages 5-17 (kindergarten through 12th grade). 

Hands On Orlando  
407-740-8652  
199 East Welborne Ave., Suite 201, Winter Park, FL 32789 
www.handsonorlando.com  
Hands On Orlando makes it easy to make a difference! We identify, plan, manage and lead volunteer projects you can join at non-profit organizations, public schools, parks and recreation centers in Central Florida. We’ve recruited and supported over 135,000 volunteers, assisted thousands who need helping hands and more than 300 non-profit organizations, schools and parks. Our volunteers learn about community issues and are inspired and empowered to solve problems. Every project is meaningful and hands-on and involves no administrative tasks or fundraising. Our typical project lasts for about three hours and no long-term time commitment is required.
Healthy Start Coalition of Seminole County, Inc. 407-665-3300
400 W. Airport Blvd., Sanford, FL 32771
www.healthystartseminole.org
info@healthystartseminole.org
Healthy Start Coalition of Seminole County is a system of care that offers all families access to prenatal care and all infants’ access to services that promote optimal growth and development. By doing this, we will ensure every woman, baby and family is connected to local resources. We believe that every baby deserves a healthy start.

Mothers Against Drunk Driving (MADD) 407-831-6233
One Purlieu Place, Suite 285, Winter Park, FL 32792 Fax: 407-831-6281
www.madd.org 1-800-772-6233
Yolanda Larson, Executive Director
Kelli Davis, Youth Coordinator
Carla Biemann, Victim Advocate
Service provided for youth include: education, underage drinking and drinking and driving prevention. Service for victims and survivors of drunk driving crashes include: information on the criminal and civil justice system, court accompaniment, referrals to resources, support groups, and emotional and written support.

New Directions Community Outreach, Inc. 407-900-1910
P.O. Box 181055, Altamonte Springs, FL 32718-1055
www.nedcoseminole.org
We are making positive things happen in our community.

Oviedo Citizens in Action 407-325-3070
www.ocianow.org
OCIA meets the 2nd Monday of the month at Round Lake Park in Oviedo at 7 p.m. For more information contact Danny McKinney 407-325-3070. To aid, encourage and foster community improvements and participation of low-income families in Central Florida.

Seminole County Sheriff’s Office Operation Right Track 407-708-7645
Mailing address: 100 Bush Blvd., Sanford, FL 32773
Physical address: 1151 East 28th St., Sanford, FL 32773
www.seminolesheriff.org
Operation Right Track is a two-day initiative designed to offer parents an avenue of intervention for youth on the edge of delinquency. Youth undergo a structured program designed to instill accountability. It is mandatory that families participate in both of the two-day sessions; no exceptions will be made. Open orientations are held on Wednesday evenings, 6 pm at 1151 East 28th Street Sanford, FL 32773.
Simple Living Institute, Inc. 321-228-4310
P.O. Box 731741, Orlando, FL 32878
www.simplelivinginstitute.org
We promote simple and sustainable living practices such as organic gardening, alternative energy, and personal wellness. We hold an Organic Growers meeting that is free and open to the public on the 3rd Wednesday of each month from 7-9 p.m. at Leu Gardens. Other outreach services we provide include educational workshops for the public and garden start-ups for nonprofit and public organizations.

Speak Out 1-800-423-8477
www.speakouthotline.org
An anonymous tip line serving six Central Florida counties provides a live operator 24 hours a day, seven days a week for youth, parents and teachers who call to report crimes or potential crimes in the schools, neighborhoods or homes where young people live. If a tip leads to solving a crime or resolving an unsafe situation the tipster may be eligible for a cash reward.

Special Olympics Seminole County 407-263-8043
P.O. Box 520742, Longwood, FL 32752-0742 Fax: 407-637-2370
www.SpecialOlympicsSeminoleCounty.org
In addition to sports and physical benefits, SOSC offers athletes a great social outlet, as well as allowing parents and family members to build relationships of their own.

Seminole Prevention Coalition 407-212-8040
100 Bush Blvd., Community Services, Sanford, FL 32773 Fax: 407-665-6658
www.seminolepreventioncoalition.org
Seminole Prevention Coalition is a community-wide coalition connecting non-profit, governmental, community-based organizations, local business and citizens to help strengthen the community through effective prevention efforts aimed at underage drinking, substance abuse, prescription drug abuse and tobacco use among Seminole County youth. SPC takes a leadership role in improving the quality of life for youth and families by providing research and education directed to build a strong, healthy and drug-free community now and in the future.

The Grove Counseling Center, Inc. 407-327-1765
Office and Outpatient Clinic Fax: 407-339-2129
111 West Magnolia Ave., Longwood, FL 32750
The Grove Academy (Adolescent residential program)
580 Old Sanford/Oviedo Rd, Winter Springs, FL 32708
www.thegrove.org
The Grove offers a wide variety of programs for the treatment of substance use and behavioral health disorders, with convenient locations in Longwood, Sanford, downtown Orlando and Winter Park. We offer outpatient services for teens and adults, as well as voluntary partial hospitalization and residential/inpatient programs for adolescents. High-quality affordable treatment; Medicaid accepted, sliding fee scale for those without insurance, many insurances accepted. The Grove also offers an after-school program and summer camp for elementary-aged children.
YMCA  407-321-8944
665 Longwood Lake Mary Road, Lake Mary, FL 32746
Programs include: health and fitness, aquatics, camping, family, childcare, community development, sports, teens.

Youth MOVE Seminole / Youth MOVE Seminole Kids  407-600-4198
117 E. Lake Mary Blvd.
Sanford, FL 32773
www.seminolechildren.org/youthmove
Verlese.pender@cbccfl.org
Through community outreach, monthly meetings and trainings, Youth MOVE Seminole (ages 13-25) and Youth MOVE Seminole Kids (ages 10-13) offer young people an opportunity to get together with peers, have fun, share ideas and begin to find their voice in advocating for themselves. Youth MOVE Seminole is an initiative of Community Based Care of Central Florida funded by the Families and Communities Together in Seminole (FACTS) children’s mental health initiative.

Developmental Disabilities

Adapt Behavioral Services  407-622-0444
225 South Swoope Ave. #211, Maitland, FL 32751
Fax: 407-699-0444
www.Adapt-FL.com
In-home & in-school behavior analysis services, skill training, parent training, individual counseling & family counseling. Funding through all Medicaid plans, Healthy Kids and many commercial insurance plans. Other funding is available for those without insurance.

Agency for Persons with Disabilities  407-245-0440
Seminole County Intake 407-245-0461 ext. 649
400 West Robinson St., Suite 430, Orlando, FL 32801
apd.myflorida.com
The Agency for Persons with Disabilities assists people who have developmental disabilities and their families. It also provides assistance to identify the needs of people with developmental disabilities and funding to purchase supports and services through the med-waiver program if eligible.

Behavioral Support Services, Inc.  407-830-6412
315 North Lakemont Ave., Suite B, Winter Park, FL 32792
Fax: 407-830-8413
www.BSSOrlando.com
Behavioral services provided in home and school settings. Behavioral Support Services, Inc. is a Medwaiver provider and DCF Licensed Substance Abuse Provider. We accept Medicaid, private insurance, private pay, and agency funding. Services include mentoring, respite, behavioral analysis, mental health counseling, psychiatric care and case management. Staff includes Master Level Therapists, Licensed Mental Health Professionals and Board Certified Behavior Analysts.
City of Altamonte Springs - Special Community Services 407-571-8814
225 Newburyport Ave., Altamonte Springs, FL 32701
www.altamontesports.org / www.advisoryboardfordisabled.org
The City of Altamonte Springs Special Community Services, in conjunction with the Advisory Board for the Disabled, Inc., provides social activities throughout the year at minimal cost to the mentally and physically challenged population in Altamonte Springs and Central Florida. Programs include monthly dances, field trips, and belly dancing; weekly bowling, craft nights, games nights, karaoke nights, and cheerleading; and summer/winter camp. Ages 13 and up. Currently looking to outreach to younger ages.

Department of Health, Children’s Medical Services 407-858-5555/1-800-226-6530
7000 Lake Ellenor Drive, Orlando, FL 32809
www.cms-kids.com
CMS assists families with children from birth to 21 years of age with special health care needs. CMS has specialty programs, pediatric primary care physicians, pediatric sub specialists and therapists to assist in the overall care of our patients.

Devereux 321-281-3840
1010 Executive Center Drive, Suite 100, Orlando, FL 32803 Fax: 321-281-3886
www.devereux.org
Devereux offers services to individuals with developmental disabilities both at home, school and in the community. Devereux offers community based services as well as long-term residential services.

Down Syndrome Association of Central Florida 407-478-5621
204 North Wymore Road, Winter Park, FL 32789 Fax: 407-478-5698
www.dsacf.org
Resources and support for individuals with Down syndrome and their families. Annually offer free medical clinic, monthly support meetings, playgroups, parent and doctor information packets, annual statewide conference, Buddy Walk, and more.

FDLRS Action 407-317-3674
3130 Edgewater Dr Orlando, FL 32804
www.fdlrsaction.org
Florida Diagnostic Learning and Resource System (FDLRS) provides free parenting workshops, professional development for educators, and child find/referral services for families concerned about their child’s development.

Florida Autism Center 407-413-9550
1708 Lexington Green Main, Sanford, FL 32771 Fax: 1-866-610-0580
1219 Dunn Ave., Daytona Beach, FL 32114
www.floridaautismcenter.net
Early intervention and school applied behavior analysis. Birth to age 13.
Freedom Ride
1905 Lee Road, Orlando, FL 32810
www.freedomride.com
Freedom Ride is a 501(c)(3) not-for-profit organization dedicated to enriching the lives and experiences of individuals with disabilities in the Central Florida area through therapeutic horse riding and related activities. Freedom Ride is the only Premier Accredited Center of the North American Riding for the Handicapped Association (NARHA) in Central Florida.

Kinder Konsulting & Parents Too
2479 Aloma Ave., Unit D, Winter Park, FL 32792
Fax: 407-894-6010
www.kinderkonsulting.com
We provide mental health counseling, behavioral supports and psychiatric services to children ages 0-9. Our mission is to help infants and children with special needs live health, happy, productive lives. We provide services that promote the emotional, behavioral and developmental well-being of each unique child and his or her family.

Seminole County Public Schools Exceptional Student Support Services
400 East Lake Mary Blvd., Sanford, FL 32773-7127
www.scps.k12.fl.us
Exceptional Student Support Services provides a variety of services to children needing special education and enrolled in Seminole County Public Schools. Among these services are school social work, school psychology, school nurse, education focused occupational/physical/speech/language therapies and school-based guidance counseling services.

Special Olympics Seminole County
P.O. Box 520742, Longwood, FL 32752-0742
Fax: 407-834-3870
www.SpecialOlympicsSeminoleCounty.org
Special Olympics Seminole County provides FREE year-round sports training and competition to intellectually challenged athletes ages 8 and up in over 10 Olympic-type sports.

The Center for Counseling & Consulting
661 Seminole Blvd., Casselberry, FL 32707
Fax: 407-657-7211
www.centerforcounseling.us
The center was established in 1974 and provides counseling and psychotherapy for children, youth, adults, couples and families. All affiliated professionals are fully licensed and credentialed in their areas of specialization.

The University of Central Florida’s Center for Autism & Related Disabilities (UCF CARD)
12424 Research Parkway, Suite 365, Orlando, FL 32826
www.ucf-card.org
We are concerned families and professionals who, since 1993, have provided services to individuals with autism and related disabilities (including hearing and vision impaired, hearing impaired or vision impaired with other disabling conditions) to their families and to the professionals who work with them. The Florida State Legislature allocates funds that are administered to the seven regional CARD sites through the state’s Department of Education.
At UCP of Central Florida, we are the experts for children with special needs. By providing the best support, education and therapy, we offer hope to everyone touched by a disability. We serve kids with all types of special needs including cerebral palsy, Down syndrome, autism, speech delays, developmental delays, and vision and hearing impairments. Our unique programs provide an exceptional environment for children and families to learn and more importantly grow.

**Domestic Violence**

**Choices-Changes Counseling Center**  
407-268-4441  
1301 South International Parkway, Suite 2021, Lake Mary, FL 32746  
Fax: 407-323-2374  
www.choiceschangescounseling.com  
We provide supervised supervision and monitored exchange for court-ordered clients in a safe and secure environment. We have 3 levels of supervision: observation, observation and parenting, and therapeutic by a licensed mental health counselor. Member of the Supervised Visitation Network.

**Circle of Friends Services, Inc.**  
386-259-5413  
517 Deltona Blvd., Suite A, Deltona, FL 32725  
300 N. Ronald Reagan, Suite 202, Longwood, FL 32750  
Fax: 386-753-9265  
www.cofsfl.org  
We are a trauma-based, private not-for-profit agency serving the mental health needs of children (0-18 years) and families in Central Florida. Our therapists are all licensed or license-eligible master’s level clinicians. We specialize in the treatment of families and children who have experienced physical or sexual abuse, domestic violence or severe neglect. We provide services in Volusia, Flagler, Putnam, Seminole, Orange, Osceola and Brevard counties.

**New Life Connections, Inc.**  
407-322-7779  
404 West 25th St., Sanford, FL  
320 North Central Ave. (434), Oviedo, FL  
122 South Amelia Ave., Suite 206, Deland, FL  
www.new-life-connections.com  
Certified Batterer’s Intervention Program. For more information please call.

**Office of the Attorney General, Bureau of Victim Services**  
1-386-238-4990/1-800-226-6667  
www.myfloridalegal.com  
Provides referrals and assistance with victim compensation, relocation and address confidentiality.
Prosecuting office for Seminole and Brevard counties. Division of Victim/Witness Services provides criminal justice advocacy for crime victims and survivors of homicide.

Safe House of Seminole  
24 hr. Hotline: 407-330-3933
P.O. Box 471279, Lake Monroe, FL 32747
Safe House offers temporary safe haven for victims of domestic violence and their children, crisis counseling, safety planning, support groups, court program, relocation assistance, transitional housing, outreach services and youth violence prevention program.

Education / Tutoring

Adult Literacy League, Inc.  
407-422-1540
345 West Michigan St., Suite 100, Orlando, FL 32806
Fax: 407-422-1529
www.adultliteracyleague.org
The Adult Literacy League has trained literacy tutors in Seminole County who are available to help adults who have low levels of literacy. If you know someone who needs help with reading, or an ESOL adult who needs help with English language literacy, please have him or her contact us.

Boys Town Common Sense Parenting Classes  
407-588-2170
www.boystown.org/central-florida/programs/csp
A practical, skill-based program that provides easy-to-learn techniques to help you with today’s parenting challenges. These classes incorporate proven methods that were researched and developed at Boys Town. This class is for parents of school-aged children.

Central Florida Dream Center (Also: Men, Women and Youth in Action)  
540 Pecan Ave., Sanford, FL 32771
www.cfdreamcenter.orgmelva@cfdreamcenter.org
We offer anger management classes, marriage counseling, parenting classes, circle of parents (parents helping parents), support and empowerment classes for abuse victims, after school programs, computer and typing classes, adult reading and math, a 12-step, faith-based overcomers program for all forms of addictions, job career center where you can do a resume, look for jobs, etc.

Child Rescue Network  
1-877-209-KIDS (5437)
Mailing Address: 926 Lake Baldwin Lane, Orlando, FL 32814 NOTE: No services are offered at this address.
www.ChildRescueNetwork.org
All programs are offered via community outreach to churches, PTA’s, homeowners associations, businesses and other venues. Through safety seminars held throughout the community, Child Rescue Network educates parents on specific methods they can utilize to better protect their children from abduction and sexual victimization. CRN also provides parents with FREE photo/thumbprint safety identification cards of their children. These cards are offered at various events in the community and are listed on our calendar of events at our website.
Penny O’Connell is a certified parenting instructor for the past 16 years. This is a 5-week comprehensive course called “Redirecting Children’s Behavior” for parents, caregivers and teachers. Professionals can earn 15 CEUs. Anyone who works with children will learn how to effectively communicate and develop a trusting relationship, which in turn will raise children who have high self-esteem and an internal desire to succeed and cooperate.

Crealdé School of Art
600 St. Andrews Blvd., Winter Park, FL 32792
www.crealde.org
Crealdé School of Art features two galleries and a sculpture garden. Open to the public, admission free. We also offer studio courses in painting, drawing, photography, ceramics and sculpture for adults and children by a faculty of professional artists.

FDLRS Action
3130 Edgewater Drive, Orlando, FL 32804
www.fdlrsaction.org
Florida Diagnostic Learning and Resource System (FDLRS) provides free parenting workshops, professional development for educators, and child find/referral services for families concerned about their child’s development.

Foundation for Foster Children
2265 Lee Road, Suite 203, Winter Park, FL 32789
foundationforfosterchildren.org/
The mission of the Foundation for Foster Children is to enrich the lives of children placed in foster care due to abuse and neglect by providing opportunities that nurture their ability to succeed both as individuals and contributing members of our community. We serve children ages 0-23 residing in Orange, Osceola and Seminole counties and fund activities such as dance lessons, sports leagues and tutoring.

Friends of Children and Families Inc.
11875 High Tech Ave., Ste.200, Orlando FL 32817
www.Friendsofchildrenandfamilies.org
We offer a superb tutoring program with the goal of helping children within the child welfare system achieve academic success. We are dedicated to selecting tutors of the highest quality and matching them based on their individual expertise and experience. Our tutors’ education levels range from some college to bachelor’s and master’s degrees. In addition, each of our tutors has successfully passed criminal background and reference checks. *Private pay option available.

Hannibal Square Heritage Center
642 New England Ave., Winter Park, FL 32789
www.hannibalsquareheritagecenter.org
Through a unique, award-winning exhibition of historic photographs and oral histories, the center pays tribute to the past, present and future contributions of Winter Park’s historic African American community. The center also features exhibitions and educational programs that explore southern folklore and cultural preservation. Come share an inspiring history told by the people who have lived it! Free admission. Crealdé art classes are also held here.
PACE Center for Girls 407-992-0456
445 North Wymore Road, Winter Park, FL 32789
www.pacecenter.org
PACE girls are from high-risk environments and experience risk factors such as truancy, child abuse, parental incarceration, substance abuse and running away. As a result, they are at higher risk for entering or getting involved with the juvenile justice system because they are exposed to multiple risk factors. Most have not been successful in public school and are at risk of dropping out. PACE is a contracted Prevention Provider through DJJ and is also an alternative education site.

Seminole County Public Schools 407-320-0000
400 E. Lake Mary Blvd., Sanford, FL 32773
www.scps.us
The mission of Seminole County Public Schools (SCPS) is to ensure that all Early Childhood Program and Pre-K-grade 12 students acquire the knowledge, skills and attitudes to be productive citizens in our great country and in the global economy. SCPS was ranked as a High-Performing school district for 2013-2014 and has been an “A”-rated district since 1999. We ranked first in FCAT reading, math and science out of the 17 largest districts in Florida.

Seminole County Public Schools Exceptional Student Support Services 407-320-0216
400 East Lake Mary Blvd., Sanford, FL 32773-7127
www.scps.k12.fl.us
Exceptional Student Support Services provides a variety of services to ALL children enrolled in Seminole County Public Schools. Among these services are school social work, school psychology, school nurse, education focused occupational/physical/speech/language therapies and school-based guidance counseling services.

Seminole County Public Schools Voluntary Pre-K Program 407-320-0463
239 Rinehart Road, Lake Mary, FL 32746
www.scps.k12.fl.us
Seminole County Public Schools offers a high quality Voluntary Pre-K Program at many school locations throughout the district. Our VPK program focuses on kindergarten readiness skills in early reading, writing, and math as well as problem solving, critical thinking and social emotional development. Parents may choose either a FREE 3 hour VPK program or a full day program where tuition is paid for the afternoon. For information, please call the Pre-K office at 407 320-0463.

Seminole County Public Schools – Families in Transition 407-746-8518
Tuscawilla Middle School, 1801 Tuskawilla Road, Oviedo, FL 32745
Beth Davalos: beth_davalos@scps.k12.fl.us
Comprehensive case management using the Family Team Conferencing model to meet the needs of Homeless families with school-aged children to include assistance with enrollment procedures, transportation to their school of origin, school supplies, free breakfast and lunch, tutoring if needed as well as services offered through grant funding.
Seminole County Sheriff’s Office
100 Bush Blvd., Sanford, FL 32773
www.seminolesheriff.org
Provide programs for children, parents, groups and social events on bullying, drug awareness, Internet safety, stranger safety, 911, navigating the dating years and more.

University of Central Florida Toni Jennings Exceptional Education Institute
P.O. Box 161250, Orlando, FL 32816-1250
www.academy.ucf.edu
With a commitment to equity and excellence, the Toni Jennings Exceptional Education Institute provides opportunities for lifelong learning and support for children and adults with exceptional needs and their families through interdisciplinary research and practice, professional development and partner collaboration.

Elder Adult Services

Charity & Love, Inc.
4701 South Semoran Blvd. Orlando, FL 32822
5372 Silverstar Rd. Orlando, FL 32808
www.charityloveinc.com
The services provided to the community are online assistance for food stamps, community Medicaid, cash, emergency rental assistance and unemployment compensation. We also provide employment coaching, support counseling, housing/living services, and resource information for food. We have a clothing closet at the Semoran location. We assist customers who do not know how to apply and who cannot speak English. We also have Spanish and Creole speaking workers to assist in completing the process of the services.

City of Casselberry – Recreation
200 North Triplet Lake Drive, Casselberry, FL 32707
www.casselberry.org
The Center is open Monday – Friday, 8 a.m. – 4:30 p.m. for various senior programs including bingo, yoga, chairrobics, tai chi, dance classes, bridge and specialty clubs.

Hospice of the Comforter
480 West Central Parkway, Altamonte Springs, FL 32714
www.hospiceofthecomforter.org
Hospice of the Comforter is the only non-profit, community-based hospice serving incurably ill patients in Orange, Seminole and Osceola counties since 1990. Hospice of the Comforter provides a special kind of care that supports people with an incurable illness and their families. Hospice care enables patients to carry on alert, pain-free lives and to manage other symptoms so that their days may be spent with dignity and quality, at home or in a home-like setting.
Emergency Financial Services

211 / 407-839-5357
This hotline, operated by The United Way, provides references to social service agencies in your area.

Catholic Charities of Central Florida
1771 North Semoran Blvd., Orlando, FL 32807
Fax: 407-282-2891
www.cflcc.org
Catholic Charities of Central Florida provides vital social services to people in need, regardless of their religious, social or economic background, to improve lives of individuals, families and the community. CCCF continues to lead as premier provider of social services to residents of Central Florida through collaboration with area parishes to provide health care services, free medical clinics, housing for the elderly, programs for women, children and families and additional emergency services such as benefits and food stamp advising utilizing a case management system.

Department of Children & Families – ACCESS Florida Program
1-866-762-2237
www.myflorida.com/accessflorida
Apply for public assistance (food stamps, TANF, Medicaid). See website for a list of community partners.

Hemophilia Foundation of Greater Florida
1350 Orange Ave., Suite 227, Winter Park, FL 32789
1-800-293-6527
www.hemophiliaflorida.org
info@hemophiliaflorida.org
Our mission is dedicated to improving the quality of life for people with bleeding disorders and their families through education, information and referral services, advocacy and research.

Jewish Family Services of Greater Orlando
2100 Lee Road, Winter Park, FL 32789
407-644-7593
Fax: 407-628-0773
www.jfsorlando.org
Emergency assistance includes financial aid for rent and utilities in a one-time assistance program. Emergency assistance services are by appointment. Hours: Monday – Thursday 8 a.m. – 8 p.m.

Seminole County Government - Community Services
535 W Lake Mary Blvd., Sanford, Florida 32733
407-665-2300
www.seminolecountyfl.gov/comsrvs
Emergency financial assistance (rental, utilities, vision and dental) & veterans’ services.
Goodwill Industries of Central Florida, Inc.  407-936-0469  
4516 W. SR 46, Sanford, FL  32771  
www.goodwillcfl.org  
Learn effective interviewing techniques, locate jobs, develop a professional resume and discover your strengths. Open Mon/Wed/Fri: 9 a.m.-5 p.m., Tues/Thurs: 9 a.m.- 6 p.m.

LDS Employment Resource Services  407-826-9375  
10502 Satellite Blvd., Orlando, FL 32837  
www.ldsjobs.org  
One-on-one coaching to find job leads that fit your skills and talents, free career workshops, hidden job market, networking, interview questions and resumes.

Work Force One Stop Career Center (Seminole County)  407-531-1200  
Lake/Sumter County: 1415 South 14th St., Suite 100, Leesburg, FL 34748  
Orange County: 1563 Florida Mall Ave., Orlando, FL 32809  
Osceola County: 1392 East Vine St., Kissimmee, FL 34744  
www.workforcecentralflorida.com  
Find help with job training, recruitment, referrals, unemployment filing, interview skills seminar, high school education with childcare provided and relocation for victims of domestic violence and day labor.

Financial Counseling

CredAbility/Consumer Credit Counseling Service of Central Florida  1-800-251-2227  
And the Florida Gulf Coast  
3670 Maguire Blvd., Suite 103, Orlando, FL  32803  
www.CredAbility.org  
For more than 35 years we have provided free, confidential budget, credit and housing counseling, debt management and community outreach and education. Our mission is to help financially distressed people move from crisis to control by providing compassionate service and innovative and practical solutions. We see ourselves as a financial emergency room, creating hope and inspiring lasting change. We prepare a comprehensive review of income, expenses and debt, develop a budget, establish goals and create a written plan of action. We negotiate with mortgage lenders, servicers and other creditors to lower monthly payments and interest rates, and empower individuals with the knowledge and tools needed to make informed financial decisions.
Foster Care

Circle of Friends Services, Inc. 386-473-4566
517 Deltona Blvd., Suite A, Deltona, FL 32725
300 N. Ronald Reagan Blvd., Suite 202, Longwood, FL 32750 Fax: 386-753-9265
www.cofsfl.org
We are a trauma-based, private not-for-profit agency serving the mental health needs of children (0-18 years) and families in Central Florida. Our therapists are all licensed or license-eligible master’s level clinicians. We specialize in the treatment of families and children who have experienced physical or sexual abuse, domestic violence or severe neglect. We provide services in Volusia, Flagler, Putnam, Seminole, Orange, Osceola and Brevard counties.
Hours: Monday – Friday 8:30 a.m. – 5 p.m.

Community Based Care of Central Florida, Inc. 321-441-2060
Administrative & Support Center: 4001 Pelee St., Suite 200, Orlando, FL 32817 Fax: 407-681-0560
Service Center: 2921 South Orlando Drive, Suite 150, Sanford, FL 32773 407-688-9650
www.cbcfl.org
CBC of Central Florida is a non-profit agency charged with developing community-based services and supports for children and families served by the child welfare system in Seminole County. For information on becoming a foster parent or about adoption, please call 1-866-90-CHILD.

Health and Medical

A Center for Women 407-628-5433
315 North Wymore Road, Winter Park, FL 32789
www.centerforwomen.org
ACenterForWomen@gmail.com
A Center For Women offers free pregnancy testing with official proof of pregnancy suitable for Medicaid or insurance. Free viability ultrasounds upon qualification; educational counseling about pregnancy, abortion, fetal development, STD’s and their effects and adoption; assistance finding shelter, maternity clothing, baby clothing and supplies. Community referrals.

BETA Center Inc. 407-277-1942
4680 Lake Underhill Road, Orlando, FL Fax: 407-381-0907
www.betacenter.org
BETA Center offers children and parents the knowledge and support needed for strong and healthy families, with a focus on teen moms and at-risk families. Parents learn about prenatal attachment, baby brain development, child development, infant mental health and other aspects of caring for and raising a baby. We provide an alternative educational program with OCPS for grades 6-12 for our clients. Emergency services for clothing and baby needs provided through donations.
Central Florida Family Health Center 407-322-8645  
2400 S.R. 415, Sanford, FL 32771  
www.cffhc.org

CFFHC is a non-profit health organization dedicated to providing high quality primary health care at a reasonable cost to children and adults. A sliding fee schedule is used based on the patient’s income and size of family.

Department of Health, Children’s Medical Services 407-858-5555/1-800-226-6530  
7000 Lake Ellenor Drive, Orlando, FL  32809  
www.cms-kids.com

CMS provides medical oversight and care coordination for children from birth to 21 years of age with special health care needs. For Orange, Osceola and Seminole counties.

Florida Department of Health in Seminole County 407-665-3000  
400 West Airport Blvd., Sanford, FL 32773  
www.seminolecohealth.com

The Florida Department of Health in Seminole County is a subsidiary of the State of Florida Department of Health with a local, county and state commitment. The diverse environment promotes public health through quality healthcare, education and community observation. The Florida Department of Health in Seminole County is committed to providing the highest quality of healthcare to the public including the uninsured and underinsured through various programs and services, and superior environmental and disease surveillance.

Florida Department of Health in Seminole County Dental Health Program 407-665-3346  
400 West Airport Blvd., Sanford, FL 32773  
Dental services for children who have Medicaid include cleanings, fillings, sealants, exams, X-rays and extractions. Limited urgent services available for adults.

Florida Department of Health in Seminole County HIV/AIDS Services 407-665-3291  
400 West Airport Blvd., Sanford, FL 32773  
Provides HIV education, medical and case management services; drug assistance program for qualified individuals.

Florida Department of Health in Seminole County Immunizations/Vaccines Program 407-665-3281  
400 West Airport Blvd., Sanford, FL 32773  

Childhood Vaccines
Effective September 1, 2013, all child vaccines will be provided through the Child Health Clinic, by appointment, for children without any form of health insurance and for those whose assigned Medicaid Medical Home is the Health Department. Call 407-665-3700 for appointment. School forms only (no vaccines needed) can be obtained directly through the Immunizations Clinic. Call 407-665-3281 for an appointment or more information regarding school forms only.

Adult Vaccines and Travel Services
Adult and travel immunization services are provided through the Immunizations Clinic, by appointment, for fees. Services include routine and occupational adult vaccines, lab titers, travel consults, travel vaccines and completion of college forms. Call 407-665-3281 for an appointment or more information.
The goal of our Prenatal Clinic is to promote optimal health and wellness of our prenatal patient and her unborn child throughout her pregnancy. Our program provides comprehensive prenatal care from the initial exam throughout pregnancy and postpartum check-up. At the time of the patient’s initial exam, she will begin planning to deliver at Central Florida Regional Hospital in Sanford. The patient will also be assigned to a private obstetrician or midwife who will care for her during her pregnancy and postpartum period. Some of the many services offered on our site are non-stress tests, blood work, prenatal health education, and counseling, social services, acute care visits, WIC and Healthy Start. Any patient in need of high risk prenatal care will be referred to a high risk OB clinic for a consultation or transfer of services if needed to Winnie Palmer Hospital in Orlando. Our prenatal case manager is available for any questions or concerns that may arise and our staff doctors are on call every day after 5 p.m. and on weekends. Additionally, our prenatal staff is sensitive to multicultural and multilingual needs. Payment methods for services include Medicaid or contract for those who do not have insurance. For more information, please contact the Seminole County Eligibility Department at 407-665-3386.

Florida Department of Health in Seminole County STD Prevention and Control Program
407-665-3700
Provides confidential testing, diagnosis, treatment and counseling for all sexually transmitted diseases. Provides free condoms.

Florida Department of Health in Seminole County Tuberculosis Control Program
407-665-3243
Tuberculin skin testing; medical and nurse case management for active TB disease and latent TB infection; medication, lab testing, and chest x-rays for disease and latent TB infection.

Florida Department of Health in Seminole County WIC & Nutrition Program
407-665-3705
The Florida Department of Health in Seminole County WIC Program
WIC is a federally funded special supplemental food and nutrition education program for Women, Infants and Children. WIC provides the following at no cost: healthy food during pregnancy and after delivery, nutrition education and counseling, breastfeeding support and referrals for health care and community services. The program is available for pregnant, postpartum, breastfeeding women, infants and children under 5 years of age. To qualify for WIC benefits, call 407-665-3705.

Florida Poison Information Center-Tampa
1-800-222-1222
The Florida Poison Information Center-Tampa provides educational services, a phone hotline and information service. We are staffed 24/7 with toxicology experts. Educational services include printed material, programs and attending health fairs in our region. Programs include “Toddler Tidbits” for moms with young children, “Medication Safety” for seniors, “The Poison Garden” and “Herbal and Prescription Drug Interaction.”
Hispanic Health Initiatives, Inc. 407-339-2001
201 Live Oak Blvd., Casselberry, FL 32707
P.O. Box 1925, Casselberry, FL 32718
www.HHI2001.org
info@HHI2001.org
HHI was established to address the health needs of Hispanics and other medically under-served residents of Central Florida. HHI provides health literature, health risk assessments, diabetes classes, classes on control and prevention of chronic diseases, health screening and referrals. Some services, all of which are provided FREE, include: Referrals to free or low cost medical services, health fairs, campaign against Type-2 diabetes, breast and cervical cancer campaign, breast self-exam demos and breast health bingo.

Hospice of the Comforter 407-682-0808
480 West Central Parkway, Altamonte Springs, FL 32714
www.hospiceofthecomforter.org
Hospice of the Comforter is the only non-profit, community-based hospice serving incurably ill patients in Orange, Seminole and Osceola counties since 1990. Hospice of the Comforter provides a special kind of care that supports people with an incurable illness and their families. Hospice care enables patients to carry on alert, pain-free lives and manage other symptoms so that their days may be spent with dignity and quality, at home or in a home-like setting.

Kinder Konsulting & Parents Too 407-657-6692
2479 Aloma Ave., Unit D, Winter Park, FL 32792 Fax: 407-894-6010
www.kinderkonsulting.com
Kinder Konsulting & Parents Too provides mental health counseling, behavioral supports and psychiatric services to children ages 0-9. Our mission is to help infants and children with special needs live health, happy, productive lives. We provide services that strive to promote the emotional, behavioral and developmental well-being of each unique child and his or her family.

New Hope for Kids, Inc. 407-331-3059 ext. 14
Center for Grieving Children: 900 North Maitland Ave., Maitland, FL 32751 407-599-0909
Wishes for Kids: 205 East SR 436, Fern Park, FL 32730 407-331-3059 ext. 14
www.newhopeforkids.org
information@newhopeforkids.org
New Hope for Kids provides specialized support to children (ages 3-18) and families grieving the loss of a loved one and grants wishes to children with life-challenging illnesses in Central Florida.

PFLAG 407-236-9177
P.O. Box 141312, Orlando, FL 32814
www.pflagorlando.org
pflagorlando@yahoo.com
PFLAG (Parents, Families and Friends of Lesbians and Gays) promotes the health and well being of gay, lesbian, bisexual and transgender persons, their families and friends. This is done through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. Parents, Families and Friends of Lesbians and Gays provides opportunity for dialogue about sexual orientation and gender identity and acts to create a society that is healthy and respectful of human diversity.
Planned Parenthood of Greater Orlando
West Side Clinic: 726 South Tampa Ave., Orlando, FL 32805 407-246-1788
East Side Clinic: 11500 University Blvd., Suite B, Orlando, FL 32817 321-235-5513
Sex-Ed Text line – Text any questions to 407-443-1750
info@ppgo.orgwww.ppgo.org
We provide reproductive health services for men, women and teens. Our services include birth control, sexually transmitted infection testing, HIV testing, well-woman exams, cervical cancer screenings and treatment, vasectomies, and medical and surgical abortions. We provide medically accurate, age-appropriate sexuality education for middle school, high school and college age groups. Our presentation topics include HIV/AIDS, birth control, abstinence, pregnancy prevention, healthy relationships and child abuse prevention. Walk-ins welcome.

Winnie Palmer Hospital for Women and Babies 321-843-2229
Maternal Education/Breastfeeding Education Center
83 W. Miller St., Orlando, FL 32806
www.orlandohealth.com
Education and support for mothers-to-be and new mothers. Breastfeeding helpline and lactation consultations.

### Health Insurance

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<tr>
<th>AMERIGROUP Community Care</th>
<th>407-647-1710</th>
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<tr>
<td>604 Courtland St., Suite 350, Orlando, FL 32804</td>
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<td><a href="http://www.amerigrouppcorp.com">www.amerigrouppcorp.com</a></td>
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<td><a href="mailto:ndiaz@amerigrouppcorp.com">ndiaz@amerigrouppcorp.com</a></td>
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<td>If you would like more information about Amerigroup, please call 1-800-600-4441 to speak to a member services representative.</td>
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<tr>
<th>Citrus Health Care</th>
<th>1-877-624-8787</th>
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<td>255 South Lakemont Ave., Suite 212, Winter Park, FL 32792</td>
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<td><a href="http://www.uhcmedicaresolutions.com">www.uhcmedicaresolutions.com</a></td>
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<td>Health insurance provider for Medicaid, Medicare and individual.</td>
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<tr>
<th>Danton &amp; Dees Insurance Group</th>
<th>321-946-2290</th>
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<tr>
<td>375 Douglas Ave., Suite 2010, Altamonte Springs, FL 32714</td>
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<tr>
<td><a href="http://www.healthagentpro.com">www.healthagentpro.com</a></td>
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<tr>
<td>We are your health insurance specialists. We offer plans for individuals, families, self-employed, small and large group plans. Our staff has researched all the companies doing business in the states where we do business and has selected what we consider to be the best. We will do our best to answer all your questions, research everything for you and provide you with all the quotes you need and then explain how each plan works. You will become educated enough to choose a plan that meets your needs and budget.</td>
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KIDCARE 1-888-540-5437
www.floridakidcare.org
Kid care is a statewide insurance program for children birth through 18. Services include: doctor visits, hospital, surgery, vision, hearing, prescriptions, shots, dental and well baby check-ups, and emergencies. Call for application.

Molina Health Care of Florida 1-888-367-6554
3450 Buschwood Park Drive, Suite #200, Tampa, FL 33618
www.molinahealthcare.com
Molina Healthcare provides quality and cost-effective Medicaid-related solutions to meet the health care needs of low-income families and individuals and to assist state agencies in their administration of the Medicaid program.

Housing

CredAbility/Consumer Credit Counseling Service of Central Florida and The Florida Gulf Coast 1- 800-251-2227
3670 Maguire Blvd., Suite 103, Orlando, FL 32803
www.CredAbility.org
Our housing counseling is confidential and free of charge. As a HUD approved housing counseling agency CredAbility counselors dispense unbiased professional advice to homeowners facing delinquency or mortgage foreclosure and to senior citizens considering a reverse equity mortgage. We provide post purchase counseling as well as pre-purchase counseling to first-time homeowners, the majority of whom are low-income. Further, we also provide rental eviction counseling. Our mission is to help financially distressed people move from crisis to control by providing compassionate service and innovative and practical solutions. We see ourselves as a financial emergency room, creating hope and inspiring lasting change.

GoldenRule Housing & Community Development Corp, Inc. 407-878-3759
417 East 2nd St., Sanford, Fl. 32771
GoldenRule Housing is a 501 (C)(3) non-profit HUD Approved Housing Counseling Agency. We are approved to provide the following services credit rebuilding, down payment assistance, loan qualification, money management and pre-foreclosure and rental counseling. We also offer first-time homebuyers workshops for free and certificates are offered upon request. We have been putting roofs over families for over 20 years.

Habitat for Humanity in Seminole County 407-696-5855
P.O. Box 181010, Casselberry, FL 32718
www.habitatseminoleapopka.org
Comprehensive case management using Family Team Conferencing model provides affordable housing in partnership with the working poor in Seminole county. We transform communities by building and renovating houses so that there are decent, affordable communities in which every person can experience God’s love.
Heart to Heart  321-295-7859
P.O. Box 150366, Altamonte Springs, FL 32715
www.h2hcenralflorida.org
Heart to Heart, A Community Care Organization, is dedicated to the need of homeless women and children by providing transitional housing, support and investing in their futures. We help families become self-sufficient and able to live in the community independently. A non-profit 501(C)(3) serving Central Florida since 1992, Heart to Heart is dedicated to the needs of homeless women with children. Se habla espanol.

Homeless Services Network of Central Florida  407-893-0133
2828 Edgewater Drive, Orlando, FL 32804
http://www.hsncfl.org
HSN provides linkages to housing and supportive services for persons who are homeless or on the verge of homelessness.

IMPOWER  407-478-4034
The Village Transitional Housing Program/Independent Living: 3800 Dike Road, Winter Park, FL 32792
www.impowerfl.org
Low cost housing and support services for youth as they transition from the foster care system into adulthood; educational planning and support, career development and job placement, volunteering opportunities, mentoring, living skills training, as well as expanded access to community services such as mental health, substance abuse intervention and prevention services.

Rescue Outreach Mission of Sanford  407-321-8224
1701 West 13th St., Sanford, Fl. 32771
www.rescueoutreachmission.org
Comprehensive case management using the Family Team Conferencing model to provide emergency shelter, food, clothing and spiritual guidance to disadvantaged, needy, homeless families with children. A newly designed state-of-the-art learning center provides residents with the tools they need to take online classes, write resumes and more.

Seminole County Government - Community Services  407-665-2300
535 West Lake Mary Blvd., Sanford, FL 32773
www.seminolecountyfl.gov
SHIP Purchase Assistance Program (down payment assistance) and home repair assistance program.

The Center for Affordable Housing  407-323-3268
2524 South Park Drive, Sanford, FL 32773
www.tcfah.org
We offer transitional housing for homeless families, low-income rentals, and comprehensive housing counseling.
Women’s Residential and Counseling Center  407-425-2502
107 East Hillcrest St., Orlando, FL 32801
www.centralfloridahomeless.com
coalition@cflhomeless.org
Transitional housing for women who are working or receiving income. Twelve-bed shelter in which women can stay up to 14 days at $2 a day. In addition to receiving shelter and nutritious meals, homeless women who turn to the Coalition for assistance work with a case manager to build a budget and savings account and develop a plan for self-sufficiency.

Legal & Judicial

Accent on Paralegal & Non-lawyer Services  407-324-5885
600 Rinehart Road, Lake Mary, FL 32746
1800 Pembrook Drive, Suite 300, Orlando, FL 32810
www.afloridaparalegal.com
Paralegal, non-lawyer, mediation services specializing in bankruptcy, family matters such as divorce, child support, custody, modification, expunge or seal records, POA’s, wills, notary and more.

Anchor Mediation/Dispute Resolution LL  407-496-0123
204 North Park Ave., Suite 100, Sanford, FL 32771
www.anchormediation.com
Anchor Mediation helps you obtain a complete divorce with or without attorneys, in a timely manner, and with as little stress and expense to your family as possible. Visit the website for more details or call for an appointment. At Anchor Mediation we believe that your role as husband and wife will be ending, but your role as mother and father will not. Mediation presents an opportunity for your family to have a new beginning.

Community Legal Services of Mid-Florida  407-322-6673
315 Magnolia Ave., Sanford, FL 32771
Orlando Office - 122 East Colonial Drive #200, Orlando, FL 32801 1-800-984-2919
www.clsmf.org
info@clsMF.org
We help elderly victims of consumer scams, domestic violence victims and their children, families living in poor conditions to obtain decent housing, to attain representation.
Department of Juvenile Justice
Seminole County Juvenile Assessment Center
1101 East 1st St., Sanford, FL 32771
Supervisor Unit 202: Kathy D’Alessandro
Kathy.delessandro@djj.state.fl.us
Supervisor Unit 203: Robyn Worlds
Robyn.worlds@djj.state.fl.us
Supervisor Unit 201: Jesse Schrage
Jesse.schrage@djj.state.fl.us
Circuit 18 Administrative Contacts for Seminole and Brevard:
TBA, Chief Probation Officer, Circuit 18 321-610-9145
Denise Devlin, Deputy Chief Probation Officer, Circuit 18 321-610-9146
Tracy Olson, Government Operations Consultant/Reform Specialist 321-330-6957

Office of the State Attorney, 18th Judicial Circuit/Victim Services Division
101 Bush Blvd., Sanford, FL 32773
Main: 407-665-6000
P.O. Box 8006, Sanford, FL 32772 – 8006
www.sa18.org
Prosecuting office for Seminole and Brevard counties. Division of Victim/Witness Services provides criminal justice advocacy for crime victims and survivors of homicide.

Safe House of Seminole Court Advocacy 407-665-6226
Court Advocates assist with completing petitions for injunctions for protection (also known as restraining orders). Victims under the age of 18 will need a parent and/or guardian to file on their behalf. Lawyer referrals.

Seminole County Bar Association Legal Aid Society, Inc. 407-834-1660
101 West Palmetto Ave., Longwood, FL 32750
www.scbalas.org
SCBALAS is a not for profit organization. Our program provides free quality legal advocacy to Seminole County’s economically disadvantaged residents to improve their quality of life and enhance their self-sufficiency. SCBALAS has a full time staff and over 100 volunteer attorneys who provide free legal advice and representation with regard to civil legal matters. We accept applications with regard to the following types of cases: family law, housing law, divorce, time sharing custody, guardianship and elder law. Please call for an appointment.

Seminole County Guardian ad Litem 407-665-5370
190 Bush Blvd., Sanford, FL 32773
Fax: 407-665-5375
www.Galseminolecounty.org
Sharon Graham, Director 407-665-5370
Sgraham@seminolecountyfl.gov
The Guardian Ad Litem Program provides a voice for a child in dependency court. It is a volunteer based program with trained Volunteer Child Advocates who work under the supervision of a child advocate coordinator and in conjunction with the best interest attorney. As a team we represent the best interest of a child who has been alleged to be abused, neglected or abandoned. We are appointed by the court.
Mental Health

Above and Beyond: Children & Community Services, Inc.  407-391-9033
705 West 1st St., Sanford, FL 32771
www.aboveandbeyondprograms.org
services@abccsprograms.org
We help children, youth, adults and families locate, access and coordinate services they need for mental health wellness and improved lives. Through case management, Wraparound care coordination, parent education and referrals, we assist clients to build on their strengths and locate appropriate resources to meet their needs.

Adapt Behavioral Services    407-622-0444
225 South Swoope Ave. #211, Maitland, FL 32751  Fax: 407-699-0444
www.Adapt-FL.com
In-home and in-school behavior analysis services, skill training, parent training, individual counseling & family counseling. Funding through all Medicaid plans, Healthy Kids and many commercial insurance plans. Other funding is available for those without insurance.

A New Perspective Counseling Center  407-792-0900
1414 Lexington Green Lane, Sanford, FL 32771
www.anewperspectivecounseling.org
Our staff offers personalized, goal-oriented counseling, for a wide range of needs delivered in the following services: individual, family, couples, play therapy, grief, children / teens, substance abuse, anger management, parenting and therapeutic mentoring

Anthropos Florida Group Inc  407-222-4207
www.anthroposflorida.com
1515 S. Orlando Ave., Maitland, FL 32751
Anthropos Florida Group Inc. provides mental health counseling at school and at homes to address the needs of our clients and their families. We understand that students need to be socio-emotionally stable in order to achieve their academic goals. We see clients at school to address behaviors and teach them coping skills. Cognitive, emotional and behavioral treatments are integrated into our approach to work with the students as well with their families at home.

Aspire Health Partners (Lakeside Behavioral Healthcare – Orange County)  407-875-3700
Access Center  Ext. 6186
Princeton Plaza, 1800 Mercy Drive, Orlando, FL 32808
www.aspirehealthpartners.com
Aspire Health partners (formerly Lakeside Behavioral Healthcare) provides a variety of outpatient services for children and adults. We have a full continuum of services for adults including residential treatment, outpatient therapy, a medication clinic and case management. The children’s outpatient program provides in-home, outpatient and in-school therapy as well as medication clinic and case management.
It is our mission to provide quality community-based behavioral health services that are accessible and affordable to individuals in the community. We provide mental health and behavioral health services including individual, family and group counseling for children, adolescents and adults. We provide additional services including assessment services, crisis counseling, outpatient medical services, crisis stabilization, residential treatment, case management and other programs.

Attachment Services of Central Florida, Inc.  
407-260-0031  
427 Center Pointe Circle, Suite 1878, Altamonte Springs, FL 32701  
Fax: 407-260-0091  
www.attachmentservices.org  
We specialize in working with children with attachment issues and their families. Most clients are children who have been adopted from the foster care system or international orphanages. However, we do work with biological families that experienced breaks in attachment for other reasons. We also offer neurofeedback services, therapy and support groups.

Behavioral Support Services, Inc.  
407-830-6412  
315 North Lakemont Ave., Suite B, Winter Park, FL 32792  
Fax: 407-830-8413  
www.BSSOrlando.com  
Therapeutic services provided in the home, school, and office setting for children, adolescents, families, and adults. Medicaid and Medicaid HMOs accepted, as well as commercial insurance, private pay and agency funding. Problems addressed include: parent training, substance abuse, developmental disabilities, anger management, abuse, depression/anxiety, ADHD, oppositional defiant, etc. Case management services and psychiatric care also available.

Boys Town Behavioral Health Services  
407-588-2190  
975 Oklahoma St., Oviedo, FL 32765  
www.boystown.org/central-florida/behavioral-health  
We specialize in creating comprehensive approaches to care. Our mission is to heal problems early, before they develop into more serious health and behavioral issues. Working with parents, we develop care plans for youth who face these difficult problems and many others: attention deficit/hyperactivity disorder (ADHD), school problems, anxiety and worry, depression and anger management.

Central Florida Behavioral Hospital  
407-370-0111  
6601 Central Florida Parkway, Orlando, FL 32821  
www.centralfloridabehavioral.com  
Central Florida Behavioral Hospital is a private state-of-the-art psychiatric center that offers a full continuum of care including inpatient treatment, residential treatment, and partial hospitalization. Our programs serve children, adolescents, and adults with both mental health and substance abuse problems. Central Florida Behavioral Hospital accepts referrals 24 hours a day, 7 days a week and accepts most commercial insurance and managed care plans, including Medicare and Tricare.
Central Florida Cares Health System, Inc  
407-985-3560
707 Mendham Blvd. Suite 104, Orlando, FL 32825
www.centralfloridacares.org
admin@cfchs.org
Central Florida Cares Health System, Inc. (CFCHS) is a not-for-profit organization contracted by the Department of Children and Families to oversee state-funded mental health and substance abuse treatment services in Circuits 9 and 18 (Brevard, Orange, Osceola, and Seminole counties). As a managing entity we are a behavioral health administrative and management organization, and our primary focus is to promote a comprehensive, seamless system of recovery and resiliency to those individuals in our community.

Children’s Home Society of Florida
Community Based Care Program  
407-688-9650
Ashley Thompson, Counselor IV for Seminole County  
407-463-8563
321-397-3000
www.chsfl.org
ashleythompson@chsfl.org / david.congdon@chsfl.org
The Children’s Home Society of Florida’s Clinical Services program provides counseling for children, adults, and families in our offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems. We bill Medicaid providers for most of our services, and a limited amount of services are available on a sliding fee scale. We have a psychiatrist on staff, and if the counselor sees that evaluation for possible medications is appropriate for the client being served, we can facilitate those services within our clinic as well. Services may be arranged by calling our Seminole County Counselor, Laura Hope at the above numbers or by calling our tri county office at 407-896-2323.

Children’s Home Society of Florida/Early Head Start  
407-262-7688 ext. 235
or 321-397-3044
www.chsfl.org
The targeted case management program offered through the Children’s Home Society of Florida is a voluntary program which targets children in need of multiple mental health services. In order for a child to be eligible for case management services, he or she must have a mental health disability and the need for coordination of mental health services, and the family must lack the resources to pay for treatment. Healthy Families provides free home visiting services to parents expecting a baby and parents of newborns on a weekly basis. Family support workers provide voluntary in home parent education to promote positive parent-child relationships and child health and development.

Choices-Changes Counseling Center  
407-268-4441
1301 South International Parkway Suite 2021, Lake Mary, FL 32746
Fax: 407-323-2374
www.choiceschangescounseling.com
We provide outpatient counseling for children, adolescents, adults and families. We provide in school counseling and will schedule appointments that are convenient for our clients. We can usually see a client within 24 hours after contact. 7 licensed therapists on staff.
Choices Programs Organization 386-259-4985
655 Fulton St., Suite 4, Sanford, FL 32771
www.choicesprograms.org
Choices Programs Organization provides community behavioral health services and dependency residential group care. Our staffs are mental health professionals that specialize in group counseling, individual/family counseling, psychosocial rehabilitate Services and targeted case management.

Circle of Friends Services, Inc. 386-259-5413
517 Deltona Blvd., Suite A, Deltona, FL. 32725
111 E. Monument Ave., Suite 513, Kissimmee, FL 34741 Fax: 386-753-9265
www.cofsfl.org
COFS provides outpatient mental health services and support to children and families following a traumatic event. Poverty, domestic violence, substance abuse, child neglect and abuse – all these difficult life circumstances disrupt the family unit and cause pain to its members. We provide psychiatric evaluations, therapeutic supervised visitation, adoption support, infant mental health services, and much more. We offer personalized, caring attention for all individuals. We provide extraordinary dedication & expertise guiding the healthy development of kids and families.

Community Counseling Center of Central Florida LLC 407-291-8009
499 North State Road 434, Suite 2007, Altamonte Springs, FL 32714
P.O. Box 161585, Altamonte Springs, FL 32716-1585
www.ccccf.org
Individual, family and marital therapy serving adults and children.

Community Solutions, Inc. 407-855-0419
1707 Orlando Central Pkwy., Suite 450, Orlando, FL 32809
www.csi-online.org
Therapy is strength-focused and problem-oriented. Primarily family sets goals. Therapists set clearly defined, achievable short-term tasks. Interventions support parents’ skills and authority. Family is connected to community and a broader social support network. All work is done in the family’s natural environment. Therapists are flexible and resourceful as they engage and treat youth and family. Program maintains strong adherence to a research-validated manual. Also serves probation for juvenile justice clients, ages 12-18.

Compass Behavioral Health, LLC 407-830-7903
1912 Booth Circle, Suite 200, Longwood, FL 32750
Mental health services for all ages.

Creative Counseling PA 407-688-1770
205 Waymont Court, Suite 111, Lake Mary, FL 32746 Fax: 407-688-7205
www.creativecounselingcfl.com
We offer comprehensive outpatient services for a variety of mental health issues. Individual, family, play therapy, group psychotherapy and family and collaborative mediation are available. We specialize in abuse issues (sexual, physical and emotional), dual diagnosis, singles/post-divorce issues (self-esteem enhancement), relationship issues, life style adjustments related to medical and physical problems that cause changes in daily life functioning and pain management, grief and loss, adjustment disorders, anger management, anxiety and panic disorders, assertiveness training, communication skills, mood disorders (depression and bipolar disorders), trauma resolution/post traumatic stress disorder, addiction/alcohol and drug abuse/dependency issues, parenting and co-parenting issues.
Devereux
321-441-1030
5748 Westgate Drive, Suite 102, Orlando FL 32835
Fax: 321-281-3886
www.devereuxfl.org
Devereux provides individual, family and group counseling to individuals with a mental health diagnosis, behavior
disorder or a developmental disability. Services can be provided in office, in home and in school.

Discovery Counseling of Orlando
407-376-3773
100 Crown Oak Center Drive, Longwood, FL 32750
www.discoveryorlando.org
Discovery Counseling provides affordable, professional, Christian counseling to our community. We offer
connections with trained professionals who can offer comfort, hope and direction as you navigate through life’s
struggles. Our services include counseling for pre-marriage, marriage, re-marriage, divorce, children, adolescents,
family issues, sexual integrity, addiction recovery, identity, depression, anxiety, mood issues, and other relational
problems. Will have play therapy services shortly.

Federation of Families of Central Florida Inc.
407-334-8049
237 Fernwood Blvd., Suite 101, Casselberry, FL 32730
Warm Line Support: 407-346-2348
www.ffcflinc.org
Info.ffcfl@gmail.com
Providing support, advocacy and education to Central Florida families, children and youth with emotional,
behavioral and mental health challenges. Like us on Facebook: www.facebook.com/ffcfl

Focus Counseling and Consulting
407-721-5259
838 West Kelly Park Road, Apopka, FL 32712
jhfocus.wix.com/focuscounseling
JHFocus@yahoo.com
Focus, Inc., is a non-profit organization. Our services include: individual and family counseling, mediation, adoption
home studies, mentoring and tutoring. We accept most major insurance plans as well as Medicaid and healthy kids
for youth. We also have funding for youth under the age of 18 who do not have health insurance or coverage for
mental health/behavioral therapy. Services are provided free of charge to economically disadvantaged families who
qualify for our Families in Need program.

Forever Families Adoption Services
407-977-8639
1035 S. Semoran Ave. Suite 1047, Winter Park, FL 32792
www.Foreverfamilieshomestudios.com
Most services are home-based.
Forever Families provides domestic and international home studies and post-placement reports for people adopting
privately. We also provide pre-and-post adoption education and counseling for adoptive families who have adopted
either through foster care or privately. We are also in the process of forming support groups for adoptive families
and grandparents raising grandchildren. We now provide services to expectant mothers (and fathers) wishing to
place their baby, as well as parents who are having parental rights terminated by DCF and choose to do a private
adoption.
HSA – Human Services Associates
1801 Lee Road, Suite 170, Winter Park, FL 32789 407-422-0880
www.hsainc.org
Comprehensive case management using the Family Team Conferencing model to serve families with identified primary need of sustained self-sufficiency and substance abuse problems.

Haven of Hope Ministries 407-298-2056
1902 West Colonial Drive, Orlando, FL
www.cflhavenofhope.com
Haven of Hope Ministries is a faith-based agency providing food, clothing, and support groups to individuals who are HIV/AIDS infected. Provides food bags for individuals that are documented to be living with a terminal illness and in poverty. Food Pantry hours: Mon, Wed, Thurs 9:30 a.m. -3:00 p.m.

IMPOWER 407-331-8002
Orange/Seminole County: 587 E SR 434, Suite 1021, Longwood, FL 32750
www.impowerfl.org
Individual, group and family therapy in the home or school setting; behavioral analysis in the home or school, psychiatric services including medication management and evaluations, tele-health & tele-psychiatry services.

Ironwood 207-342-3655/1-877-496-2463
67 Captain Cushman Road, Morrill, Maine 04952
www.ironwoodmaine.com
Residential Treatment Center for teens located in Maine offers your troubled child a safe & therapeutic learning environment. Licensed mental health professionals await the opportunity to help re-engage your teen and reunite your family. Ironwood’s comprehensive treatment program is carefully designed to assist families in crisis and turn around your teen’s behavior by developing self-respect, values, and effective communication skills so they can reconnect with their family members.

Jewish Family Services of Greater Orlando 407-644-7593
2100 Lee Road, Winter Park, FL 32789 Fax: 407-628-0773
www.jfsorlando.org
Emergency assistance includes financial aid for rent and utilities in a one-time assistance program. Emergency assistance services are by appointment.

Jo Ann C. Alexander, Ph.D., P.A. 407-366-4394
434 North Central Avenue, Oviedo, FL 32765
www.joannalexanderphd.com
Services also provided in Sanford; parent and child support group.
Journeys End Counseling, LLC 407-678-9800
1035 South Semoran Blvd., Suite 1040, Winter Park, FL 32792 Fax: 407-315-0048
www.journeysendcounseling.com

Individual, family, group and adolescent counseling for depression, anxiety, anger management and mood disorders. Counseling for post adoption, reunification and placement stabilization for children and their caregivers. Therapies also provided for co-dependency, domestic violence and intimate partner violence. Accepted payment: Self pay, TANF, FSPT, Cigna, Aetna, United Behavioral Health, United Health Care, Magellan, Magellan Medicaid, Value Options, out of network provider Blue Cross/Blue Shield and various EAP Providers.

Kids House of Seminole, Inc. at the Wayne Densch Family Trauma Center 407-324-3036
5467 North Ronald Reagan Blvd., Sanford, FL 32773 Fax: 407-324-3045
www.kidshouse.org

The Kids House Wayne Densch Children’s Advocacy Center’s Mental Health Program helps to heal children ages 3 through 18 who have been affected by abuse or severe neglect. Our mental health professionals provide specialized trauma-focused therapy to children and their families, so they have the skills and tools necessary to process and overcome the abuse they have suffered. A Trauma Education Group (TEG) is available for non-offending caregivers of children who have been sexually or physically abused or witness to severe domestic violence, covering topics that include: the basics of trauma and abuse, symptoms and reactions, benefits of therapy and parenting child victims of abuse. Specialized training is available for community mental health clinicians and service providers.

Kinder Konsulting & Parents Too 407-657-6692
2479 Aloma Ave., Unit D, Winter Park, FL 32792 Fax: 407-894-6010
To make a referral: www.kinderkonsulting.com

Our mission is to advance and promote the emotional, behavioral, and developmental wellbeing of special needs children and their families. At Kinder Konsulting you will find a skilled team of caring clinicians dedicated to helping infants and children as well as their families.

Menschner & Associates Counseling Group 407-529-5359
375 Douglas Ave. #2006, Altamonte Springs, FL 32714
600 Thacker Ave #D-56, Kissimmee FL 32765
www.macounseling.com

Comprehensive mental and behavioral health services for children, adolescents and adults. We have individual, family and group therapy. We have evening and weekend appointments along with Spanish-speaking therapists. We are in-network providers for most of the major commercial insurance companies. Medicaid HMO’s accepted.

National Alliance on Mental Illness Greater Orlando (NAMIGO) 407-253-1900
237 Fernwood Blvd., Suite 101, Fern Park, FL 32730
www.namigo.org
information@namigo.org

NAMI Greater Orlando provides support, education and resources to adults 18+ living with mental illness and their families. Support groups are led by trained peer facilitators and meet regularly in Maitland, Winter Park, SW Orlando, and Downtown (en Español). Classes provide valuable information on learning to live well with mental illness, supporting a loved one with mental illness, and navigating the mental health system. All services are free.
New Life Connections, Inc. 407-322-7779
404 West 25th St., Sanford, FL 32771
379 East Broadway St., Suite 1008, Oviedo, FL 32765
www.new-life-connections.org
All master’s level therapists. Individual - couples - family counseling. Some mental health disorders addressed. Please call for more information.

PACE Center for Girls 407-992-0456
445 N Wymore Road, Winter Park, FL 32789
www.pacecenter.org
Each girl that attends PACE is assigned a social services counselor who links and advocates for girls’ access to mental health, substance abuse and other health needs. PACE has a part time licensed mental health professional who works with girls with more intensive needs. Girls receive familial care management and learning style assessment and training. We work with a girl to help her build relationship and practical life skills, enhance her communication and receive job readiness training.

Psychological Affiliates, Inc. 407-740-6838
2737 West Fairbanks Ave., Winter Park, FL 32789
www.psychologicalaffiliates.com
Psychological Affiliates is a group of psychologists who provide comprehensive outpatient services for a wide variety of mental health issues. Individual, family, and group psychotherapy, along with comprehensive evaluations, are available. We specialize in the areas of child abuse, play therapy, divorce-related issues, adolescent and adult issues, criminal/forensic psychology and parenting plan evaluations. Divided Loyalties is the four-hour mandated parenting course for the State of Florida that addresses the impact of divorce on children and adults. Case management services are offered to adults who may live independently but may need assistance with daily living skills.

St. Luke’s Lutheran Church 407-365-3408
2021 West State Road 426, Oviedo, FL 32765
www.stlukes-oviedo.org
Comprehensive Case Management using the Family Team Conferencing model to serve those in need in the community around us by accessing the resources available to provide basic physical and spiritual needs that will assist families in recovering a sense of value and dignity. Sr. Pastor Wally Arp/ warp@stlukes-oviedo.org

St. Peter’s Episcopal Church & School 407-444-5673
700 Rinehart Road, Lake Mary, FL. 32746
www.stpeterslakemary.org
Outreach for distressed families to meet basic needs and spiritual guidance for personal development and support for the family unit. Conflict mediation services are also available to assist in strengthening the family foundation. St. Peter’s offers After School Care, Preschool and Kindergarten.
Serenity Now Counseling Center 407-402-3386
1061 Maitland Center Commons Blvd., Suite 202, Maitland, FL 32751
www.SerenityNowCounseling.com
11 years of experience with adolescents and their families with both mental health and substance abuse issues. Relationship issues including marital discord, families in the midst of divorce and post-divorce family counseling. Expertise with issues of depression, anxiety, grief and loss, life transitions and addictions of all kinds.

South Seminole Hospital 407-262-2200
555 West SR 434, Longwood, Florida 32750
www.southseminolehospital.com
With a commitment to tailored personal care, South Seminole Behavioral Health offers comprehensive services to treat patients suffering from a full range of psychiatric and addictive disorders. In addition to adult units, serving patients 18 years or older, the Adolescent/Children’s Unit specializes in behavioral point system and positive reinforcement models to treat patients between the ages of 3 and 17. The multidisciplinary team of specialists creates a treatment plan for each patient, working hand-in-hand with the patient’s family and primary physicians, to ensure the best possible outcomes in the quickest possible timeframes. Inpatient services are offered 24 hours a day, seven days a week, in a quiet, private setting on the campus of South Seminole Hospital, a part of Orlando Health.

TBC Productions/Breakthrough Counseling Services 407-342-4956
Juvenile Justice Center, 190 Bush Blvd., Sanford, FL 32772
Additional offices in Seminole County and Orlando
www.Tbcproductions.com
Juvenile counseling (STARS program) life skills, youth intervention, mental health, self-esteem, character building, career coaching, substance abuse/family counseling services (STAR Parent Program) relationship and marriage skills, family intervention, parenting skills and one-on-one counseling services. Premarital and marital counseling.

The Grove Counseling Center, Inc. 407-327-1765
Office and Outpatient Clinic Fax: 407-339-2129
111 West Magnolia Ave., Longwood, FL 32750
The Grove Academy (Adolescent residential program): 580 Old Sanford/Oviedo Road, Winter Springs, FL 32708
www.thegrove.org
The Grove offers a wide variety of programs for the treatment of substance use and behavioral health disorders, with locations in Longwood, Sanford, downtown Orlando and Winter Park. We offer outpatient services for teens and adults, as well as voluntary partial hospitalization and residential/inpatient programs for adolescents. High-quality affordable treatment; Medicaid accepted, sliding fee scale for those without insurance, many insurances accepted.

Therapy4Kids & Parents Too 407-437-8917
2843 Joseph Circle, Oviedo, FL 32765
Fax: 407-283-7078
www.therapyforkids.net
sabrenia@therapyforkids.net
Therapy4Kids & Parents Too is a non-profit agency that provides mental health and behavioral counseling services, tutoring and mentoring for children and their families. Services can be provided in our office, in the home or school settings. Funding can be provided for families without insurance benefits if qualified.
University Behavioral Center
2500 Discovery Drive, Orlando, FL 32826
universitybehavioral.com
Mental health treatment for children and adolescents from ages 6-17. Programs include crisis stabilization, short term RTC, long term RTC, and inpatient and partial hospitalization. Special programs are available for inappropriate sexual behaviors and victims.

UCF Marriage & Family Research Institute
28 Gemini Blvd. South East, Building 28, Orlando, FL 32826-3262
Second Location – 7200 Lake Ellenor Dr., Orlando, FL 32809
www.mfri.ucf.edu
The institute provides free services to the central Florida community including mental health counseling (individuals, children or adults, couples or families). We also provide relationship education workshops in Spanish and English language through Project TOGETHER, a federally-funded research study. Project TOGETHER’s goal is To Offer Great Education That Harvests Enduring Relationships by teaching individuals and couples practical tools for communication, conflict management and problem solving.

Visions Targeted Case Management
In Home Social Service/Mental Health Service Provider
368 Wilshire Blvd., Casselberry, FL 32707
www.VisionsTCM.com
Visions Targeted Case Management Services provides quality in-home services to children and adults who face mental health and/or behavioral challenges. Visions Targeted Case Management provides advocacy services while creating connections between community based programs, and other community service providers. Our targeted case managers provide services in English, Créole and Spanish in Orange, Osceola, Seminole, Brevard and Lake counties. Our goal is to serve the community one client at a time.

Wraparound Seminole
117 E. Lake Mary Blvd., Sanford, FL 32773
www.seminolechildren.org/wraparound-seminole
WraparoundSeminole@cbccfl.org
Wraparound Seminole is part of the Families and Communities Together in Seminole (FACTS) Children’s Mental Health Initiative, managed by CBC of Central Florida. It is a collaboration of local agencies (Above and Beyond, The Grove, Children’s Home Society and Youth Advocate Programs) to support children and youth with intensive emotional, behavioral and mental health challenges. Wraparound forms a support team around a young person and his or her family to help them stay safe, remain together and achieve their goals. Facilitators and advocates start with strengths and work with each youth, family and team to address the needs presented by the family. They also build connections in the community that will provide support long after the family transitions out of formal Wraparound.
Mentoring

Adolescent Life Coaching Center 407-610-5433
1606 Lawndale Circle, Winter Park, FL 32792
www.adolescentlifecoaching.com
We are committed to helping adolescents and parents create more successful and healthy relationships. Our life coaching strategies decrease suffering and increase positive choices through enhancing understanding of adolescents’ unique strengths and challenges. Through group learning as well as MDFT (multidimensional family therapy) specific strategies are provided and tailored to individual and family needs.

A New Perspective Counseling Center 407-792-0900
1414 Lexington Green Lane, Sanford, FL 32771
www.anewperspectivecounseling.org
Our staff offers personalized, goal-oriented counseling, for a wide range of needs delivered in the following service: individual, family, couples, play therapy, grief, children/teens, substance abuse, anger management, parenting and therapeutic mentoring.

Big Brothers Big Sisters of Central Florida 407-478-2996
807 South Orlando Ave., Suite L, Winter Park, FL 32789 Fax: 407-478-2999
www.bbbscfl.org
We offer one-to-one mentoring services in School-Based, Community-Based, and Mentoring Children of Promise programs. These friendships require a minimum of a year, are supported by professional staff, and give results of measurable and positive impact. We serve Orange, Seminole, Osceola, Lake and Brevard counties.

Children’s Home Society 407-262-7688
395 Piney Ridge Road, Casselberry, FL 32707
www.chsfl.org
The CHS mentoring program is a one-to-one community based mentoring program for children who have a parent incarcerated in a federal or state prison. Each youth is matched with a mentor who can provide guidance and support to help each child develop to the fullest potential. For youth ages 4-18, MODEL attempts to break the cycle of incarceration by matching a child with an adult that can provide friendship, unconditional support, new experiences and subsequently more choices for the future.

Friends of Children and Families Inc. 407-273-1249
11875 High Tech Ave., Suite 200, Orlando, FL 32817
www.Friendsofchildrenandfamilies.org
We match at-risk children involved in the child welfare system between the ages of 6-17 with mentors who want to make a positive impact on a child’s life through guidance and support. Mentees learn to deal with the challenges and obstacles they face in life. We provide scheduled one-on-one contact, opportunities for creative, recreational, and career exploration activities and help with academics and the development of independent living skills. Private pay option available.
Therapy4Kids & Parents Too 407-437-8917
2843 Joseph Circle, Oviedo, FL 32765 Fax: 407-283-7078
www.therapyforkids.net sabrenia@therapyforkids.net
Therapy4Kids & Parents Too is a non-profit agency, which provides mental health and behavioral counseling services, tutoring and mentoring for children and their families. Services can be provided in our office, in the home or school settings. Funding can be provided for families without insurance benefits if qualified.

### Parent Training / Parent Support Groups / Kid Support Groups

**Above and Beyond: Children & Community Services, Inc.** 407-391-9033
705 West 1st St., Sanford, FL 32771
www.aboveandbeyondprograms.org
We help children, youth, adults and families locate, access and coordinate services they need for mental health wellness and improved lives. Through case management, Wraparound care coordination, parent education and referrals, we assist clients to build on their strengths and locate appropriate resources to meet their needs.

**Adolescent Life Coaching Center** 407-610-5433
1151 E. 28th St., Sanford, FL 32771
www.adolescentlifecoaching.com
Having a teenager can be a challenge that even the most seasoned parent is not always prepared to deal with. Many feel as though their child has turned into a stranger and feel at a loss as to how they can reconnect. If this is how you feel...you are not alone! ALCC provides parents the necessary tools and support to change destructive patterns of communication. The latest research on today’s teen issues will be presented and communication skills and parenting skills will be discussed.

**Attachment Services of Central Florida, Inc.** 407-260-0031
427 Center Pointe Circle, Suite 1878, Altamonte Springs, FL 32701 Fax 407-260-0091
www.attachmentservices.org
We have monthly parent support group for adoptive, foster, kinship and guardianship parents. We also have a monthly Parent’s Night Out service. We train new or potential parents to prevent attachment challenges with their children as well as teach new parenting strategies to heal attachment-disordered children.

**BETA Center, Inc.** 407-277-1942
4680 Lake Underhill Road, Orlando, FL 32807 Fax 407-381-0907
www.betacenter.org
BETA Center offers children and parents the knowledge and support needed for strong and healthy families, with a focus on teen moms and at-risk families. Parents learn about prenatal attachment, baby brain development, child development, infant mental health and other aspects of caring for and raising a baby. We provide an alternative educational program with OCPS for grades 6-12 for our clients and emergency services by providing donated clothes and baby needs.
The Boys Town Integrated Continuum of Care® is a unique set of service levels, each designed to meet the specific, individual needs of youth and their families. The skills we teach at every level of our Integrated Continuum help young people learn valuable lessons that last a lifetime. Our research-proven programs include Boys Town Intervention and Assessment Services, a short-term shelter for at-risk youth; Boys Town Family Home Program, a long-term residential program; Boys Town In-Home Family Services, which works with at-risk families in their homes and includes CINS/FINS (Children in Need of Services/Families in Need of Services); Boys Town Outpatient Behavioral Health Clinic and Common Sense Parenting Classes. Boys Town Common Sense Parenting is a 6-week, evidence-based class, approved for case plans, and held in several locations around Seminole County. There are classes for toddlers and preschoolers, and school aged children; also classes taught in Spanish available.

Child Rescue Network
926 Lake Baldwin Lane, Orlando, FL 32814
NOTE: No services are provided at this address.
www.ChildRescueNetwork.org
All programs are offered via community outreach to churches, PTAs, homeowners associations, businesses and other venues. Empowerment Not Fear safety seminars and workshops educate parents and child care providers on specific methods they can utilize to better protect children from sexual abuse, abduction and victimization, such as human trafficking. CRN provides FREE safety ID cards for parents to have of their kids. These are provided at special events throughout the community. CRN also assists law enforcement and families in search efforts to bring missing children home.

Children’s Home Society’s Healthy Families Seminole Program
2921 S. Orlando Dr. Suite 150 Sanford, FL 32773
_Healthy_Families_CFL@chsfl.org
www.chsfl.org/HEALTHYFAMILIESPROGRAM
Healthy Families Seminole provides a free resource service to pre-natal women and families with infants up to three months of age who are residing in one of the following zip codes in Seminole County: 32701, 32707, 32708, 32730, 32746, 32765, 32766, 32771, 32773, 32714, 32779, 32750. Upon meeting with the family assessment worker, eligible families may also enroll into the Healthy Families Program.

Children’s Home Society Perinatal Program
395 Piney Ridge Road, Casselberry, FL 32707
www.chsfl.org
The Perinatal Program provides ongoing parenting information and support for first time parents living in Seminole County. The Early Head Start program is a voluntary, home-based program for infants and toddlers, age’s birth to three, in low-income families, pregnant women, and teens and their families.
Community & Family Communications
1205 Berkman Circle, Sanford, FL 32771
www.incaf.com/profile.php?user_id=746
Penny O’Connell is a certified parenting instructor for the past 16 years. This is a 5-week comprehensive course called “Redirecting Children’s Behavior” for parents, caregivers and teachers. Professionals can earn 15 CEUs. Anyone who works with children will learn how to effectively communicate and develop a trusting relationship, which in turn will raise children who have high self-esteem and an internal desire to succeed and cooperate.

Community Counseling Center of Central Florida LLC
499 North State Road 434, Suite 2007, Altamonte Springs, FL 32714
P.O. Box 161585, Altamonte Springs, FL 32716-1585
www.ccccf.org
Parent education courses. Multiple curriculums. Infant, toddler, school age and teens.

Down Syndrome Association of Central Florida
204 North Wymore Road, Winter Park, FL 32789
www.dscac.org
DSACF is the leading voice for individuals with Down syndrome and their families. We offer hope, encouragement and acceptance through advocacy, education and awareness so that each may realize their potential as members of our community.

Families Anonymous Meeting
St. Stephens Lutheran Church in Longwood
Support group for family members of someone with a drug, alcohol or behavioral problem.

Florida Department of Health in Seminole County Healthy Start
400 West Airport Blvd., Sanford, FL 32773
www.seminolecohealth.com/healthy-start/html
Childhood Vaccines
Effective September 1, 2013, all child vaccines are provided through the Child Health Clinic, by appointment, for children without any form of health insurance and for those whose assigned Medicaid Medical Home is the Health Department. Call 407-665-3700 for appointment. School forms only (no vaccines needed) can be obtained directly through the Immunizations Clinic. Call 407-665-3700 for an appointment or more information regarding school forms.

Adult Vaccines and Travel Services
Adult and travel immunization services are provided through the Immunizations Clinic, by appointment, for fees. Services include routine and occupational adult vaccines, lab titers, travel consults, travel vaccines, and completion of college forms. Call 407-665-3700 for appointment or more information.
Emergency assistance includes financial aid for rent and utilities in a one-time assistance program. Emergency assistance services are by appointment.

**IMPOWER**

Orange/Seminole County: 587 E SR 434, Suite 1021, Longwood, FL 32750

www.impowerfl.org

Individual, group and family therapy in the home or school setting; behavioral analysis in the home or school, psychiatric services including medication management and evaluations, tele-health & tele-psychiatry services.

**Jo Ann C. Alexander, Ph.D., P.A.**

434 North Central Ave., Oviedo, FL 32765

www.joannalexanderphd.com

Counseling for parents and children; parent training. Parent and children support group.

**Kids House of Seminole, Inc. at the Wayne Densch Family Trauma Center**

5467 North Ronald Reagan Blvd., Sanford, FL 32773

Fax: 407-324-3045

www.kidshouse.org

The Kids House Wayne Densch Children’s Advocacy Center’s Child Advocate Program works collaboratively to meet the needs of children and their families by providing vital resources and support to families dealing with abuse and/or neglect. Parenting classes are offered by the Child Advocates through *The Nurturing Parent Program*. The classes teach positive and effective ways parents can interact with their children, based on their ages and stages of development. The focus is on the family – where children learn the values and beliefs that shape their futures. Parents and children learn together, during group sessions and dinner, over 15 weeks.

**National Alliance on Mental Illness Greater Orlando (NAMIGO)**

237 Fernwood Blvd., Suite 101, Fern Park, FL 32730

www.namigo.org

NAMI Greater Orlando provides support, education and resources to adults 18+ living with mental illness and their families. Support groups are led by trained peer facilitators and meet regularly in Maitland, Winter Park, SW Orlando and Downtown (en Español). Classes provide valuable information on learning to live well with mental illness, supporting a loved one with mental illness, and navigating the mental health system. All services are free.

**New Hope for Kids, Inc.**

407-331-3059 ext. 14

Center for Grieving Children: 900 North Maitland Ave., Maitland, FL 32751

Wishes for Kids: 205 East SR 436, Fern Park, FL 32730

www.newhopeforkids.org,

information@newhopeforkids.org

The Center for Grieving Children of New Hope for Kids provides specialized grief support for children and families grieving the death of a loved one in Central Florida. Serving children ages 3-18, this unique community resource is FREE to all who attend. Our basic philosophy recognizes that illness and death are a part of life; we understand that acknowledging one’s grief is essential for a person to move toward hope, healing and renewed happiness.
Partners With Families, Inc.
2737 West Fairbanks Ave., Winter Park, FL 32789        407-740-6838
Partners With Families, Inc., offers court ordered supervision for parents and children. Our program is unique due to our ability to supervise the visitations in a public arena, such as a restaurant or a park, and day of the week or weekend day. The goal of Partners with Families, Inc. are to offer assistance to parents in maintaining contact with their children and to assist the Court by providing supervised visitation when the Court feels that it is in the best interests of both children and parents.

PFLAG
P.O. Box 141312, Orlando, FL 32814        407-236-9177
www.pflagorlando.org
pflagorlando@yahoo.com
PFLAG (Parents, Families and Friends of Lesbians and Gays) promotes the health and wellbeing of gay, lesbian, bisexual and transgender persons, their families and friends. This is done through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. Parents, Families and Friends of Lesbians and Gays provides opportunity for dialogue about sexual orientation and gender identity and acts to create a society that is healthy and respectful of human diversity.

Prevent Child Abuse Florida
111 North Gadsden St., Suite 200, Tallahassee, FL 32301        1-850-921-4494
Fax: 850-921-9070
www.ounce.org
PCA Florida’s mission is to prevent the abuse and neglect of Florida’s children. Focusing on prevention and early intervention services, PCA Florida provides services to help parents, caregivers and community members create healthy, safe and nurturing experiences for children. PCA Florida advocates for programs that provide an opportunity for systemic change, societal solutions and policies that prioritize child abuse prevention strategies.

Seminole County Sheriff’s Office Operation Right Track
Mailing address: 100 Bush Blvd., Sanford, FL 32773
Physical address: 1151 East 28th St., Sanford, FL 32773
www.seminolesheriff.org
Operation Right Track is a two-day initiative designed to offer parents an avenue of intervention for youth on the edge of delinquency. Youth undergo a structured program designed to instill accountability. It is mandatory that families participate in both of the two-day sessions, no exceptions will be made. Open orientations are held on Wednesday evenings at 6:00 pm at 1151 East 28th Street Sanford, FL 32773.

University of Central Florida Center for Autism & Related Disabilities (UCF CARD)
12424 Research Parkway, Suite 365, Orlando, FL 32826        407-823-6011
www.ucf-card.org
CARD’s purpose is to enhance the lives of individuals we serve by helping them become valued members of their communities. CARD offers supports within the natural contexts of homes, residences, childcare program, schools, and communities at no charge.
UCF Marriage & Family Research Institute 407-823-1748
28 Gemini Blvd., Building 28, South East Orlando, FL 32826-3262
Second Location: 7200 Lake Ellenor Dr. Orlando, FL 32809
www.mfri.ucf.edu
Free counseling for couples and families. Counseling services provided by licensed providers, or interns who are supervised by licensed providers. Couples and families can learn to communicate effectively, resolve conflict in a healthy manner, and build bonds in their relationships.

Yellow Umbrella Child Abuse Prevention Center 321-723-2927
4680 Lipscomb St., Suite 10H, Palm Bay, FL 32905
4087 Hwy. US 1, Suite 101, Rockledge, FL 32955 321-433-3570/Fax: 321-433-3571
www.yellowumbrella.org
Parenting classes that help parents learn new skills in dealing with children. Skills learned are empathy, positive communication, discipline vs. punishment, and cooperation vs. obedience, stress management, coping skills, setting boundaries, family rules, respect and more. This is a 12-week course with 24-contact hours taught by professionals with over 14 years of experience. Classes provided in Spanish and English.

Substance Abuse

Aspire Health Partners (Seminole Behavioral Healthcare) 407-321-HELP / 407-323-2036
Access Center: 919 E. Second St., Sanford, FL 32771 24 hours
www.aspirehealthpartners.com
Crossroads Substance Abuse Program: Crossroads program is based on strategies, interventions and evidence-based practices that promote healing, recovery and enhance the quality of life. Individuals who abuse alcohol and/or other drugs come from all walks of life, ethnic backgrounds, and socio-economic levels. The Crossroads program is designed to restore individuals to a productive and independent life and that those with or without children will become parents and individuals who are responsible and capable of making decisions that affect the wellbeing of all family members.

Aspire Health Partners (New Horizons Program) 407-245-0014
www.aspirehealthpartners.com
New Horizons is a school-based counseling program working with students with school behavior problems, anger management, family problems, substance abuse and legal issues. Participate in weekly one hour group sessions. New Horizons is evidence based and proven to reduce ATOD use, criminal behavior and school suspensions while improving attendance, grades and ATOD knowledge.

Center for Drug Free Living (Heart to Heart) 407-767-0416
www.cfdfl.com/womens-residential-seminole
Women’s residential substance abuse program; 4-6 months.
Creative Counseling PA  407-688-1770
205 Waymont Court, Suite 111, Lake Mary, FL 32746  Fax: 407-688-7205
www.creativecounselingcfl.com
Creative Counseling PA is a group of mental health providers who provide comprehensive outpatient services for a wide variety of mental health issues. Individual, family, play therapy, group psychotherapy and family and collaborative mediation are available. We specialize in the areas of abuse issues sexual, physical and emotional, dual diagnosis, singles/post-divorce issues (self-esteem enhancement), relationship issues, life style adjustment issues related to medical and physical problems which cause mandatory changes in daily life functioning and pain management, grief and loss, adjustment disorders, anger management, anxiety and panic disorders, assertiveness training, communication skills, mood disorders (depression and bipolar disorders), trauma resolution/post traumatic stress disorder, addiction/alcohol and drug abuse/dependency issues, parenting and co-parenting issues.

Discovery Counseling of Orlando  407-376-3773
320 Crown Oak Centre Drive, Longwood, FL 32750
www.discoveryorlando.org
Discovery Counseling provides affordable, professional, Christian counseling to our community. We offer connections with trained professionals who can offer comfort, hope and direction as you navigate through life’s struggles. Our services include counseling for pre-marriage, marriage, re-marriage, divorce, children, adolescents, family issues, sexual integrity, addiction recovery, identity, depression, anxiety, mood issues, and other relational problems.

Journeys End Counseling, LLC  407-678-9800
Lake View Office Park-Bldg. 1  321-972-1875
1035 S. Semoran Blvd., Suite 1040, Winter Park, FL 32792  Fax: 407-315-0048
www.journeysendcounseling.com
Outpatient substance abuse treatment consisting of weekly individual and group sessions, recovery support planning and random urinalysis testing. Treatment is generally 3-6 months. Additional interventions include family counseling, couples counseling and education, relapse prevention and skill building. Accepted payment: Self pay, TANF, FSPT, Cigna, Aetna, United Behavioral Health, United Health Care, Magellan, Magellan Medicaid, Value Options, out of network provider Blue Cross/Blue Shield and various EAP providers.

New Life Connections, Inc.  407-322-7779
404 West 25th St., Sanford, FL  32771  321-972-1875
379 East Broadway St., Suite 1008, Oviedo, FL 32765
www.new-life-connections.org
Licensed by DCF. TANF provider. Voluntary or court ordered outpatient treatment to fit the needs of the client. Visit the website or call.

Recovery House of Central Florida  407-323-5857
1303 West 13th St., Sanford, FL 32771  Fax: 407-322-8675
218 South Oak Ave., Sanford, FL 32771
www.rhcf.org
Transitional housing and support services for adult males with substance abuse issues.
Seminole Prevention Coalition
407-212-8040
100 Bush Blvd., Community Services, Sanford, FL 32773
Fax: 407-665-6658
www.seminolepreventioncoalition.org
Seminole Prevention Coalition is a community-wide coalition connecting non-profit, governmental, community-based organizations, local business and citizens to help strengthen the community through effective prevention efforts aimed at underage drinking, substance abuse, prescription drug abuse and tobacco use among Seminole County youth. SPC takes a leadership role in improving the quality of life for youth and families by providing research and education directed to build a strong, healthy and drug-free community now and in the future.

The Grove Counseling Center, Inc. 407-327-1765
Office and Outpatient Clinic
Fax: 407-339-2129
111 West Magnolia Avenue, Longwood, FL 32750
The Grove Academy (Adolescent residential program)
580 Old Sanford/Oviedo Road, Winter Springs, FL 32708
www.thegrove.org
The Grove offers a wide variety of programs for the treatment of substance use and behavioral health disorders, with convenient locations in Longwood, Sanford, downtown Orlando, and Winter Park. We offer outpatient services for teens and adults, as well as voluntary partial hospitalization and residential/inpatient programs for adolescents. High-quality affordable treatment; Medicaid accepted, sliding fee scale for those without insurance, many insurances accepted. The Grove also offers an after-school program and summer camp for elementary-aged children.

Transportation

Greyhound Bus Lines 407-292-3414
555 North John Young Parkway, Suite A, Orlando, FL
www.greyhound.com/
Home Free Program offers a free Greyhound Bus Lines Ticket to runaway youth. Contact your local law enforcement agency for a certificate.

LYNX 407-841-LYNX (5969)
www.golynx.com
LYNX is the regional public transportation provider, offering service to business, tourist and neighborhood destinations in Orange, Osceola and Seminole counties. 7-day and 30-day passes are available. Discounted fares are available to eligible passengers with a LYNX issued ID.
Member Agencies, Organizations and Child Advocates

Above and Beyond: Children & Community Services
Adapt Behavioral Services
Boys Town Central Florida
Community Based Care of Central Florida
The Florida Department of Health in Seminole County
The Grove Counseling Center, Inc.
IMPOWER
Janean Knight
Kendra Musselle / Health Council of East Central Florida
Kids House of Seminole, Inc.
Kristina Nelson
Mary Elizabeth McIlvane
Rose Davis / Brethren Reaching Out
Seminole Behavioral Healthcare
Seminole County Bar Association Legal Aid
Seminole County Sheriff’s Office
Seminole Prevention Coalition, Inc.
Visions TCM